



Board of Directors

Hybrid Meeting Agenda

May 11th, 2023

Board of Directors Members Present in Person:

Members Present via Zoom:

**North Sound Behavioral Health
Administrative Services Organization
(North Sound BH-ASO) Staff Present:**

Guests Present:

- 1. Call to Order and Introductions – Chair**
- 2. Revisions to the Agenda – Chair**
- 3. Approval of the April 13th, 2023, Minutes, Motion #23-23 – Chair..... Attachment**
- 4. Comments & Announcements from the Chair**
- 5. Reports from Members**
- 6. Comments from the Public**
- 7. Assisted Out-Patient Treatment (AOT) Program Update..... Attachment**
Garrison Whaley-Sharp, NS BH-ASO AOT Coordinator
- 8. Report from the Advisory Board Attachment**
- 9. Report from the Finance Officer Attachment**
- 10. Report from the Governance Operations Committee**

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

Motion #23-24

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from April 1st, 2023, through April 30th, 2023, in the amount of \$3,457,532.64.
- Payroll for the month of April in the amount of \$189,698.80 and associated employer benefits in the amount of \$88,254.71.

11. Action Items

For Board Approval

- There are no Action Items for the month of May.

12. Introduction Items

Contracts

The contracts being introduced this month fall into four distinct categories:

- Health Care Authority (HCA) contract to include funding for the period of January 1, 2024, through December 31, 2023.
- Downstream contracts for General Fund-State (GF-S) Mandatory Services (Crisis Outreach, Involuntary Treatment Act (ITA) Services, ITA inpatient, Secure Withdrawal Management, Proviso Funding)
- Downstream contracts for Substance Abuse Block Grant (SABG) Priority Services (Pregnant & Parenting Women Housing Services (PPW), Individuals using Intravenous Drugs (IUID) Opiate Outreach)
- Downstream contracts for GF-S/SABG/Mental Health Block Grant (MHBG) Services within Available Resources (Mental Health & Substance Use Disorder Outpatient, SUD Residential, Triage Services)

The downstream contracts follow the HCA contract. The funding for the downstream contracts is included in the same amendment, which is why you will see the same numbered amendment under a different category of funding. The funding allocations for the downstream contracts will be developed over the next month.

Health Care Authority

K-6334 is providing the GF-S funding for the period of January 1, 2023, through December 31, 2023, and Federal Block Grant funds for the period of January 1, 2023, through June 30, 2024.

- New GF-S funding is expected for the period of July – December 2023, however the details have not been provided by HCA to date.

Motion #XX-XX

- HCA-NS BH-ASO-K-6334-Amendment 1 providing the ASO GF-S funding and legislative provisos for the period of January 1, 2023, through December 31, 2023, and Federal Block Grant Funding for the period of January 1, 2023, through June 30, 2024.
- K-6178 Housing and Recovery through Peer Support Services (HARPS) team providing permanent supportive housing services for individuals exiting or at risk of entering a behavioral healthcare setting.

Motion #XX-XX

- HCA-NS BH-ASO-K-23 for the purpose of funding the HARPS team and HARPS subsidies. The maximum amount on this contract is \$616,440 with a term of July 1, 2023, through June 30, 2024.

GF-S Mandatory Services

The following contracts provide mandatory behavioral health services.

- Compass Health
 - Mobile Crisis Outreach, ITA services, Program for Assertive Community Treatment (PACT), Evaluation and Treatment Services, E&T Discharge Planners, Whatcom Triage Diversion Pilot, Child Youth and Family Crisis Outreach Team
- Snohomish County
 - Mobile Crisis Outreach, ITA services
 - Proviso Funding-Jail Transition Services, Designated Marijuana Account, Trueblood Funds
- Volunteers of America
 - Toll Free Crisis Hotline
- Telecare
 - Evaluation and Treatment Services, Discharge Planners
- American Behavioral Health Services (ABHS)
 - Secure Withdrawal Management
- Lifeline Connections
 - PACT
- Snohomish County Superior Court
 - Juvenile Treatment Services
- Island County
 - Proviso Funding-Jail Transition Services, Trueblood Funds, Designated Marijuana Account
- San Juan County
 - Proviso Funding-Jail Transition Services, Designated Marijuana Account
- Skagit County
 - Proviso Funding-Jail Transition Services, Designated Marijuana Account, Trueblood Funds
- Whatcom County
 - Proviso Funding-Jail Transition Services, Designated Marijuana Account, Trueblood Funds

Motion #XX-XX

- NS BH-ASO-Compass Health-ICCN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County-ICCN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-VOA-ICCN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-ICCN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ABHS-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County Superior Court-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-San Juan County-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Skagit County-Interlocal-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31,

2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-Whatcom County-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is July 1, 2019, through June 30, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Substance Abuse Block Grant (SABG) & Mental Health Block Grant (MHBG) Priority Services

The following contracts are providing SABG priority Services:

- Brigid Collins
 - Pregnant and Parenting Women (PPW) Housing Support Services
- Evergreen Recovery Centers
 - PPW Housing Support Services
 - Homeless Outreach and Stabilization Team (HOST)
- Catholic Community Services
 - PPW Housing Support Services
- Compass Health
 - San Juan HARPS subsidies
 - Certified Peers on Mobile Crisis Teams
- Therapeutic Health Services
 - Medication Assisted Treatment
- Island County
 - Opiate Outreach, HARPS subsidies
- Community Action of Skagit County
 - Opiate Outreach
- Snohomish County
 - Opiate Outreach, HARPS subsidies
- Whatcom County
 - Opiate Outreach
- Lifeline Connections
 - Peer Pathfinder, Peer Pathfinder Incarceration Transition Pilot, HARPS Team with Skagit & Whatcom subsidies
- Telecare Corp.
 - Peer Bridger Program, Peer Bridger Participant Relief Funds

Motion #XX-XX

- NS BH-ASO-Brigid Collins-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-ERC-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-CCS NW-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Compass Health-ICCN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-THS-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.
- NS BH-ASO-Island County-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-CASC-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Snohomish County-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-MHBG-23 Amendment 1 to provide additional funding to the Peer Path Finder services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Telecare-MHBG-23 Amendment 1 to provide additional funding to Peer Bridger services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

GF-S/SABG/MHBG Services within Available Resources

- Compass Health
 - SUD outpatient services in San Juan County
 - Snohomish & Whatcom County Triage Services
- Consejo Counseling and Referral Services
 - Mental health outpatient services
 - Substance use outpatient services
- City of Mount Vernon
 - Integrated co-responder outreach project
- Evergreen Recovery Centers
 - Withdrawal Management Services
 - Mental Health Infant Specialist
- Island County
 - Co-Responder project
- Lifeline Connections
 - SUD Outpatient services
 - Recovery Housing
 - HARPS team and subsidies serving Skagit & Whatcom Counties
- Lake Whatcom Center
 - PACT
 - Mental Health outpatient services
 - Substance Use outpatient services
- Pioneer Human Services
 - Island, Skagit & Whatcom withdrawal management services
 - SUD residential services
- Sea Mar
 - Mental health outpatient services
 - Substance use outpatient services
 - SUD residential services
- Snohomish County
 - Co-Responder project
- Sunrise Services
 - Mental health outpatient services
 - Substance use outpatient services
- Volunteers of America (VOA)
 - Emergency Response for Suicide Prevention (ERSP)
 - Peer Outreach follow up services
- Whatcom County
 - Co-responder project

Motion #XX-XX

- NS BH-ASO-Compass Health-ICCN-23 Amendment 2 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Consejo-ICN-21-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-City of Mount Vernon-Interlocal-23 Amendment 1 to provide funding for the integrated co-responder team with the City of Mount Vernon Police Department. The contract term is June 1, 2022, through June 30, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-ERC-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

- NS BH-ASO-Island County-ICN-23 Amendment 1 to provide the funding for co-responder services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-Lifeline Connections-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-LWC-ICN-19-22 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

- NS BH-ASO-PHS-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

- NS BH-ASO-Sea Mar-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023 with an automatic one-year renewal on January 1, 2024 based on continued compliance with the terms of the contract.

- NS BH-ASO-Snohomish County-ICCN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-Sunrise Services-ICN-23 Amendment 1 to provide the funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

- NS BH-ASO-VOA-ICCN-23 Amendment 1 to provide the funding for emergency response suicide prevention follow up services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Whatcom County-ICN-23 Amendment 1 to provide the funding co-responder services under this contract. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Department of Commerce-Behavioral Health Rental Assistance

This contract is a renewal of funding for Community Behavioral Health Rental Assistance (CBRA) for individuals exiting inpatient/residential services and in need of housing, the funding can be used for short-term and long-term housing, with the latter is the goal.

Motion #XX-XX

- Department of Commerce-NS BH-ASO-23 to provide the funding for rental assistance in the amount of \$1,366,830.00 for the period of January 1, 2024, through June 30, 2024.

The following motion is the downstream contracts allocating the rental assistance funds.

Motion #XX-XX

- NS BH-ASO-Bridgeways-CBRA-23 for the provision of 3 for CBRA program expenses. The contract term is November 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Compass Health-CBRA-23 for the provision of 3 for CBRA program expenses. The contract term is November 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lifeline Connections-CBRA-23 for the provision of 2f or CBRA program expenses. The contract term is November 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Lake Whatcom Center-CBRA-23 for the provision of 3 for CBRA program expenses. The contract term is November 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.
- NS BH-ASO-Pioneer Human Services-CBRA-23 for the provision of 3 for CBRA program expenses. The contract term is November 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

Helping Hands Project Organization

Helping Hands Project Organization is a Behavioral Health Agency emphasize serving elders and people of color in Snohomish County.

NS BH-ASO-Helping Hands Project-23 for the provision of outpatient services in Snohomish County, this is a Fee for Service contract. The contract term is January 1, 2024, through June 30, 2024, with an automatic one-year renewal on July 1, 2024, based on continued compliance with the terms of the contract.

13. Report from the Executive Director Attachments

14. Adjourn

Next Meeting: June 8th, 2023



Board of Directors

Hybrid Meeting Agenda

April 13th, 2023

Board of Directors Members Present in Person:

- **Cammy Hart-Anderson**, Human Services, designated alternate for Dave Somers County Executive, Snohomish County
- **Barry Buchanan**, County Council; Whatcom County
- **George Kosovich**, Public Health, designated alternate for Peter Browning, Commissioner, Skagit County

Members Present via Zoom:

- **Jill Johnson**, Commissioner, Island County
- **Darcy Cheeseman**, Legislative Aid to Council Member Sam Low, Snohomish County
- **Malora Christensen**, designated alternate for Satpal Sidhu County Executive, Whatcom County
- **Perry Mowery**, Behavioral Health Supervisor, designated alternate for Satpal Sidhu County Executive, Whatcom County
- **Pat O'Maley Lanphear**, Advisory Board Chair
- **Nicole Gorle**, Legislative Analyst, Snohomish County, designated alternate for Nate Nehring, County Council
- **Jane Fuller**, County Council, San Juan County
- **Lynda Austin**, Human Services, designated alternate for Jill Johnson Commissioner, Island County
- **Heidi Beazizo**, Sr. Legislative Analyst, designated alternate for Strom Peterson County Council, Snohomish County

**North Sound Behavioral Health
Administrative Services Organization
(North Sound BH-ASO) Staff Present:**

- **Joe Valentine**, Executive Director, North Sound BH-ASO
- **Margaret Rojas**, Assistant Executive Director, North Sound BH-ASO
- **Darrell Heiner**, Sr. Accountant, North Sound BH-ASO
- **Charles DeElena**, Business Improvement Manager/Compliance Officer, North Sound BH-ASO
- **Mandy Iverson**, Project Coordinator, North Sound BH-ASO
- **Maria Arreola**, Administrative Assistant II, Advisory Board Coordinator, NS BH-ASO
- **Joanie Wenzl**, Administrative Manager/Clerk of the Board, North Sound BH-ASO

Guests Present:

- Michelle Osborne, Consultant, Diversity, Racial Equity, and Inclusion (DREI)
- Nora Korena, Consultant, Diversity, Racial Equity, and Inclusion (DREI)
- John Mack, Homeless Outreach Stabilization and Transition Program (HOST)

Call to Order and Introductions – Chair

The Chair was out today, so Barry Buchanan, Vice-Chair, facilitated the Board Meeting.

Revisions to the Agenda – Chair

No revisions to the agenda were requested.

Approval of the March 9th, 2023, Minutes, Motion #23-15 – Chair..... Attachment

Cammy Hart-Anderson moved the motion for approval, George Kosovich seconded, no discussion, all in favor, none opposed, no abstentions, Motion #23-15 carried.

Comments & Announcements from the Chair

Barry noted that he is happy to be here, looking forward to a successful year.

Reports from Members

Board members gave updates on the behavioral health happenings in their respective counties.

Comments from the Public

Clint Jordan attended the meeting and spoke to the letter he had sent to the ASO regarding the financial needs of Pioneer Human Services.
Discussion followed.

Diversity, Racial Equity, Inclusion (DREI) Strategic Plan Presentation

- Michelle Osborne, Nora Karena, Toni Belcher

Michelle and Nora gave the presentation on DREI's Strategic Plan.
Some of the workgroup members were in attendance as well.

Homeless Outreach Stabilization and Transition Program (HOST) Evergreen Update

- John Mack

John gave a presentation on Evergreen's Homeless Outreach Stabilization and Transition Program (HOST) program.
There was a comment, question and answer session.

Report from the Advisory Board (AB)

- Pat O'Maley Lanphear, AB Chair

Pat gave the Brief from the Advisory Board's April meeting.

Report from the Finance Officer

- Joe Valentine and Darrell Heiner

Joe gave the Report from the Finance Officer. A question-and-answer session followed.

Report from the Governance Operations Committee -Chair

Items discussed:

- Personnel Items
- Opioid Abatement Council/MOU signatures
- Interlocal Agreement Amendment/signatures
- Tribal Acknowledgement

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

Motion #23-16

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from March 1st, 2023, through March 31st, 2023, in the amount of \$4,449,229.49.
- Payroll for the month of March in the amount of \$191,519.41 and associated employer benefits in the amount of \$87,459.27.

Cammy Hart-Anderson moved the motion for approval, George Kosovich seconded, no discussion, no abstentions, all in favor, motion #23-16 carried.

Action Items

For Board Approval

North Sound Behavioral Health Needs Assessment(Attachment)

Motion #23-17

- Approve the letter from the Board of Directors and Advisory Board to Governor Jay Inslee and the North Sound legislative delegation forwarding our recommendations to strengthen behavioral health capacity in the region using a more targeted approach.

Perry Mowery moved the motion and George Kosovich seconded, no discussion, all in favor, no abstentions, motion #23-17 carried.

Herd Freed Hartz (HFH) Executive Search Partners

The Board of Directors Search Committee met with three (3) recruitment firms and have chosen to engage with HFH.

- The payment methodology is industry standard and invoiced in the following manner:
 - 30% of the estimated compensation, estimated range is \$128,000-\$143,000.
 - Split into three (3) equal payment-
 - Initial retainer to get started.
 - Second retainer on initial candidate traction (3+ candidates to 2nd stage)
 - Final payment on offer acceptance
 - No additional charges
 - One-year replacement guarantee

Motion #23-18

- HFH-North Sound BH-ASO-Letter of Engagement for the purpose of engaging HFH services for the North Sound BH-ASO Executive Director search.

Cammy Hart-Anderson moved the motion for approval, Jane Fuller seconded, no discussion, all in favor, none opposed, no abstentions, motion #23-18 carried.

Summary:

Island County has requested funding for the implementation of JULOTA care coordination software in the amount of \$22,900. This portion of funding is a one-time implementation fee. This software will support our Opioid Outreach, Recovery Navigator and Co-Responder teams along with other county services.

The motion includes \$10,000 in HARPS funds for housing assistance to individuals discharged from state hospital and psychiatric/residential inpatient stays. Island County has depleted their allocation and inquired whether there were funds available. This is one-time funding that must be expended by June 30, 2023.

Motion #23-19

- North Sound BH-ASO-ICN-23 Amendment 1 for the provision of adding \$32,900 in one-time funding to support the implementation of JULOTA and HARPS subsidies. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Barry Buchanan moved the motion for approval, Cammy Hart-Anderson seconded, no discussion, all in favor, none opposed, no abstentions, motion #23-19 carried.

Summary:

Department of Commerce (DOC)-Community Behavioral Health Rental Assistance (CBRA)

DOC reached out and inquired whether our CBRA providers could use additional one-time funding for CBRA program expenses. Our CBRA providers indicated they could use additional funds. We are receiving more than was requested, the additional funds are a contingency if providers go over budget. The funds must be expended by June 30, 2023.

Motion #23-20

- Department of Commerce-North Sound BH-ASO-CBRA-23 46409-002 Amendments A for the provision of additional rental assistance funds for CBRA eligible individuals. The maximum amount on this amendment is \$210,000 with a term of November 1, 2022, through June 30, 2023
- Department of Commerce-North Sound BH-ASO-CBRA-23 46409-002 Amendments B for the provision of additional rental assistance funds for CBRA eligible individuals. The

maximum amount on this amendment is \$300,000 with a term of February 1, 2023, through June 30, 2023.

Cammy Hart-Anderson moved the motion for approval, George Kosovich seconded, no discussion, all in favor, none opposed, no abstentions, motion #23-20 carried.

Summary:

The next motions are downstream contracts appropriating the requested funds from the providers. Lake Whatcom Center and Lifeline Connections are also receiving funds from HCA for the Governor's Housing/Homeless Initiative-Rental Voucher Program, at \$25,000 each.

- Bridgeways \$17,000 (Snohomish) \$10,000 Amendment A and \$7,000 Amendment B
- Compass Health \$40,000 (Snohomish) Amendment A
- Lifeline Connections \$110,000 (Skagit & Whatcom) \$60,000 Amendment A and \$50,000 Amendment B
- Lake Whatcom Center \$151,000 (Whatcom) \$110,000 Amendment A and \$40,000 Amendment B
- Pioneer Human Services \$35,000 (Island) \$14,000 Amendment A and \$21,000 Amendment B

Motion #23-21

- North Sound BH-ASO-Bridgeways-CBRA-21-23 Amendment 1 for the provision of adding \$17,000 for CBRA program expenses. The contract term is November 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Compass Health-CBRA-21-23 Amendment 2 for the provision of adding \$40,000 for CBRA program expenses. The contract term is November 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Lifeline Connections-CBRA-21-23 Amendment 2 for the provision of adding \$110,000 for CBRA program expenses. The contract term is November 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Lake Whatcom Center-CBRA-21-23 Amendment 2 for the provision of adding \$151,000 for CBRA program expenses. The contract term is November 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.
- North Sound BH-ASO-Pioneer Human Services-CBRA-21-23 Amendment 2 for the provision of adding \$35,000 for CBRA program expenses. The contract term is November 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.

Barry Buchanan moved the motion for approval, Cammy Hart -Anderson seconded, no discussion, all in favor, none opposed, no abstentions, motion #23-21 carried.

Summary:

Federal Block Grant

Bridgeways has requested funding for a housing case manager to support individuals being placed in housing with CBRA and HARPS rental assistance subsidies. We have provided case management funds to all our rental/housing assistance programs.

Motion #23-22

- North Sound BH-ASO-Bridgeways-CBRA-21-23 Amendment 2 for the provision of allocating funds for housing case management in the amount of **\$133,558**. The contract term is November 1, 2021, through June 30, 2023, with an automatic one-year renewal on July 1, 2023, based on continued compliance with the terms of the contract.

Cammy Hart-Anderson moved the motion for approval, Nicole Gorle seconded, no discussion, all in favor, none opposed, no abstentions motion #23-22 carried.

Introduction Items

Health Care Authority (HCA)-Department of Behavioral Health Recovery-Housing and Recovery (DBHR) through Peer Services (HARPS) Expansion Grant

This expansion funds are provided to support the Substance Use Disorder (SUD) Peer on the HARPS team.

- Health Care Authority-North Sound BH-ASO-K6751 for the provision of adding **\$109,996** to the contract for the SUD Peer program expenses. The term of the contract is March 15, 2023, through March 14, 2024.

The next motion is the downstream HARPS contract with Lifeline Connections, the provider of the HARPS team services.

- North Sound BH-ASO-Lifeline Connections-FBG-HARPS-23 Amendment 1 for the provision of adding **\$109,996** to the contract for SUD Peer program expenses. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Health Care Authority - Projects for Assistance in Transition from Homelessness (PATH)

This contract adds supplemental funds in the amount of **\$10,769.23** to the PATH contract for outreach goods and services. The provider must submit a plan describing the method and intended outcome for allocating support service funding by February 29, 2024.

- Health Care Authority-North Sound BH-ASO-K6742 for the provision of adding funds to PATH services in the amount of **\$10,769.23** for outreach goods and services. The term of the contract is March 1, 2023, through February 29, 2024.

The next motion is the downstream contract with Bridgeways adding the \$10,769.23 to their PATH contract.

- North Sound BH-ASO-Bridgeways-PATH-21-23 Amendment 1 for the provision of adding the supplemental funds for outreach goods and services in the amount of \$10,769.23. The contract term is May 1, 2021, through September 30, 2023, with an automatic one-year renewal on October 1, 2023, based on continued compliance with the terms of the contract.

Compass Health – Crisis System Expansion

This contract amendment is adding staff to the Mobile Crisis Outreach Teams (MCOT) in Island, Skagit, San Juan, and Whatcom counties. The six (6) month amount is \$1,235,569.50, annually the increase is \$1,471,139.00.

The increase in FTEs is as follows:

- Island County – 3.5 FTE
- San Juan County – .5 FTE
- Skagit County – 5.5 FTE
- Whatcom – 8.77 FTE
- North Sound BH-ASO-Compass Health-ICCN-23 Amendment 1 for the provision of adding funds for the MCOT in Island, San Juan, Skagit, and Whatcom Counties. The contract term is January 1, 2023, through December 31, 2023, with an automatic one-year renewal on January 1, 2024, based on continued compliance with the terms of the contract.

Joe Valentine and Margaret Rojas gave an overview of the Introduction Items. There were no questions.

They noted that the Introduction Items will be voted on during next month's meeting.

Report from the Executive Director

- Joe Valentine

In interest of time, Joe briefly referenced the Executive Director Report which included the following topics:

- LEGISLATIVE UPDATE – as of April 12, 2023
- QUARTERLY CHECK IN MEETING WITH HCA LEADERSHIP
- BEHAVIORAL HEALTH SYSTEM COORDINATION COMMITTEE-NETWORK ADEQUACY WORKGROUP
- BEHAVIORAL HEALTH SYSTEM COORDINATION COMMITTEE [BHSCC]
- INTEGRATED MANAGED CARE PERFORMANCE METRICS
- CRISIS SERVICES UPDATE
- CLOSURE OF SNOHOMISH COUNTY TRIAGE CENTER
- PROJECTED OPERATING DEFICIT FOR THE NORTH SOUND BEHAVIORAL HEALTH TREATMENT CENTER IN EVERETT
- EXPANSION OF FUNDING FOR CO-RESPONDER PROGRAMS
- APPLE HEALTH AMBASSADOR PROGRAM

- NORTH SOUND BH-ASO 2023 STRATEGIC GOALS
- NORTH SOUND BH-ASO BANKING PROFILE

Adjourn 2:59 p.m.

Next Meeting: May 11th, 2023

DRAFT



Advisory Board Brief

May 2, 2023

The Advisory Board met on May 2, and the following items were discussed:

— Advisory Board

- **No public meeting held due to the annual Advisory Board retreat.**
- The retreat was held in person on May 2, 2023.
- Barriers discussed within the behavioral health system.
 - System failure to communicate.
 - Staffing issues. Retaining staff.
 - Funding is available to build new facilities. No workforce to fully operate the facility.
 - Closure of facilities due to workforce shortage or financial issues to keep the doors open.
 - No transparency of data outcomes.
 - Homelessness, gun violence, and pressure of youth are a continued concern in the community.
- Joe provided an ASO program overview. New programs were highlighted.
- Michelle Osborne and Toni Belcher DREI Consultants, provided a final report of the North Sound 3-year DREI Strategic Action Plan.
- There has been a recognition of the need for collaboration with hospitals, law enforcement, and ASO's.
- Next steps the Board will continue to advocate for a system that keeps person centered, financial stability for agencies to keep their doors open, network adequacy, youth crisis facilities, and improving the crisis system.

— Executive Director

- The Executive Director reported on.
 - Behavioral Health System Coordination Committee-Network Adequacy Workgroup
 - Crisis Services Update

- Projected Operating Deficit for the North Sound Behavioral Health Treatment Center in Everett
- HB 1688 and the Balanced Billing Act - Update

— The Introduction Action Items were reviewed.

— **Finance/Executive Committee**

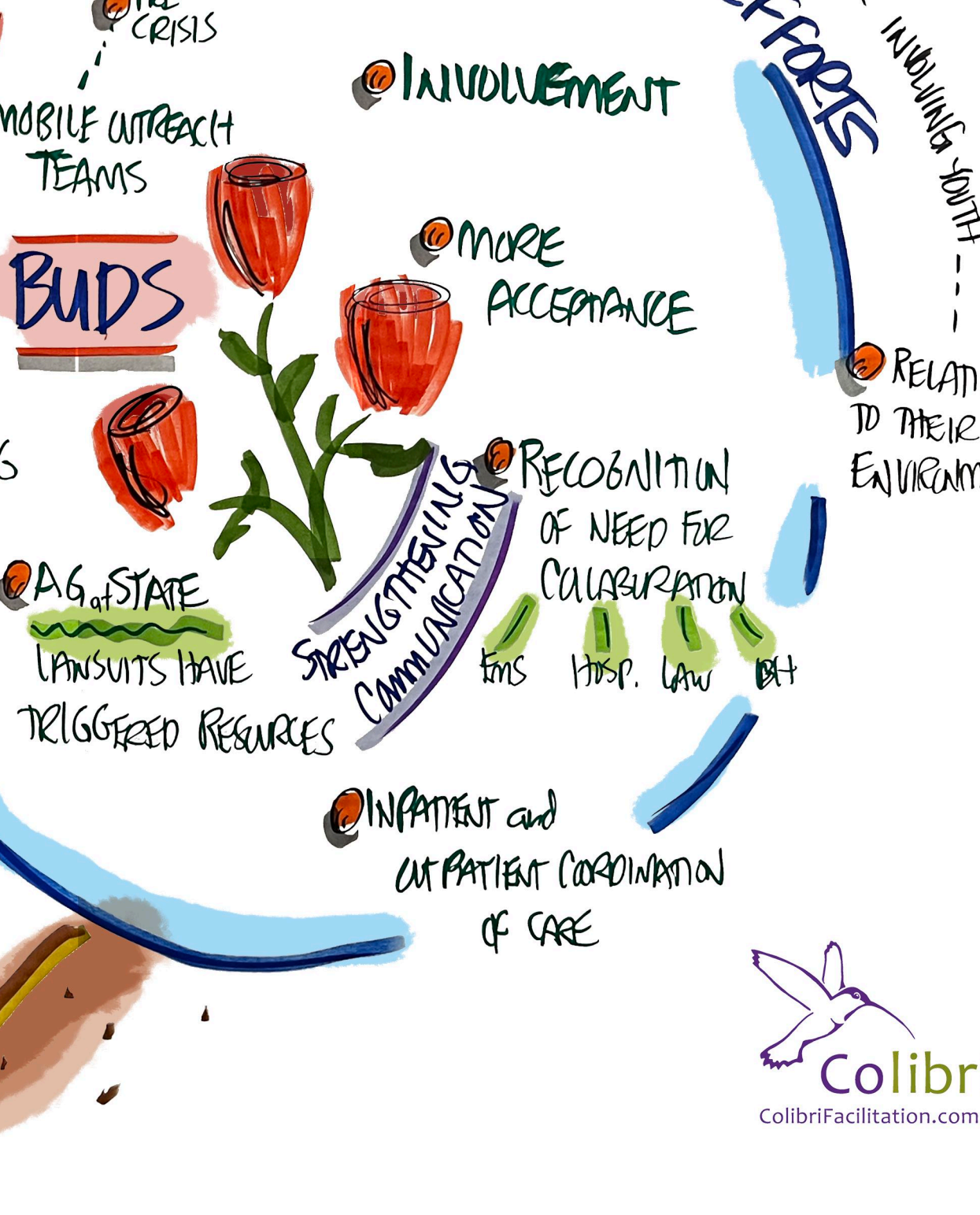
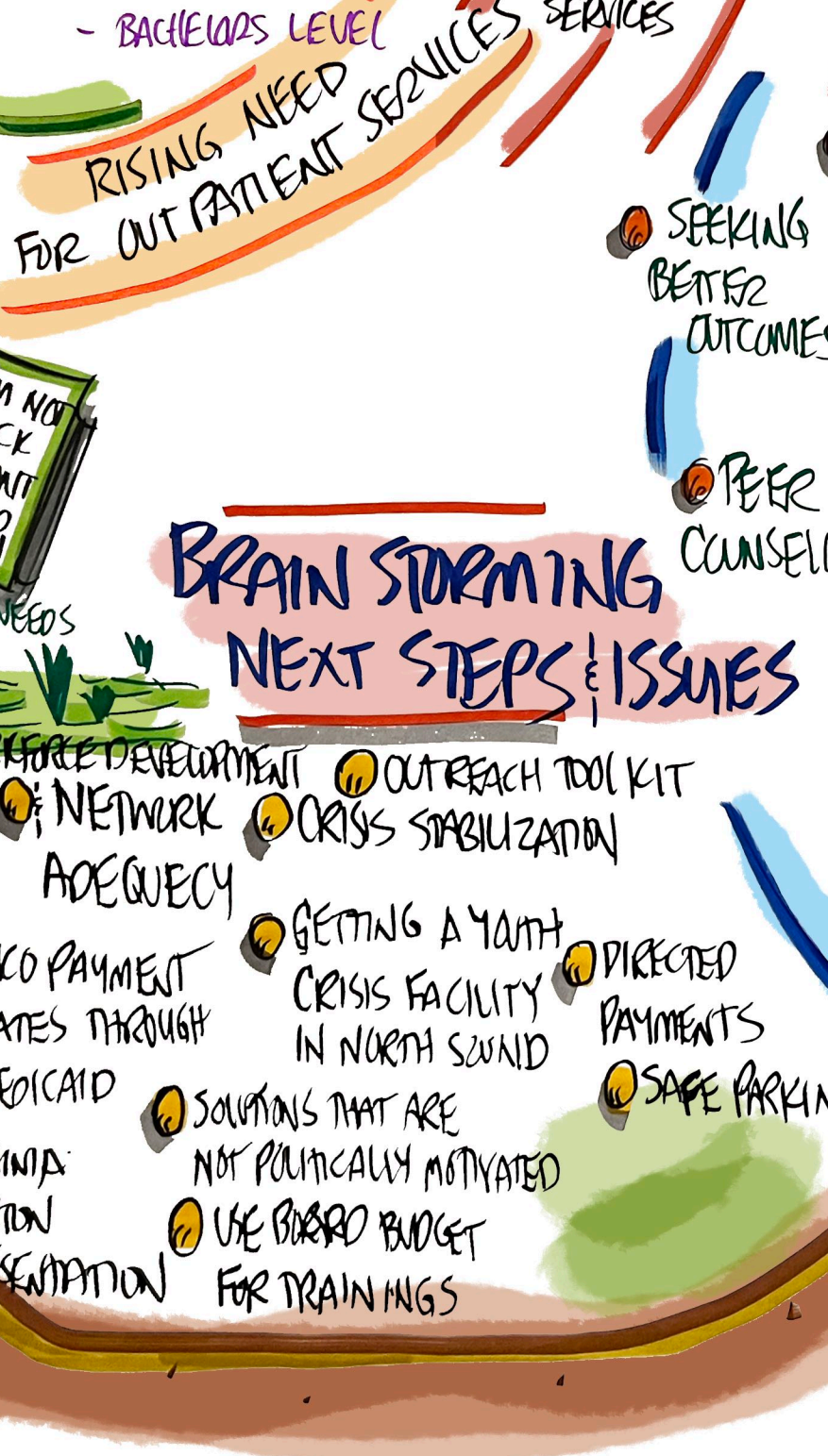
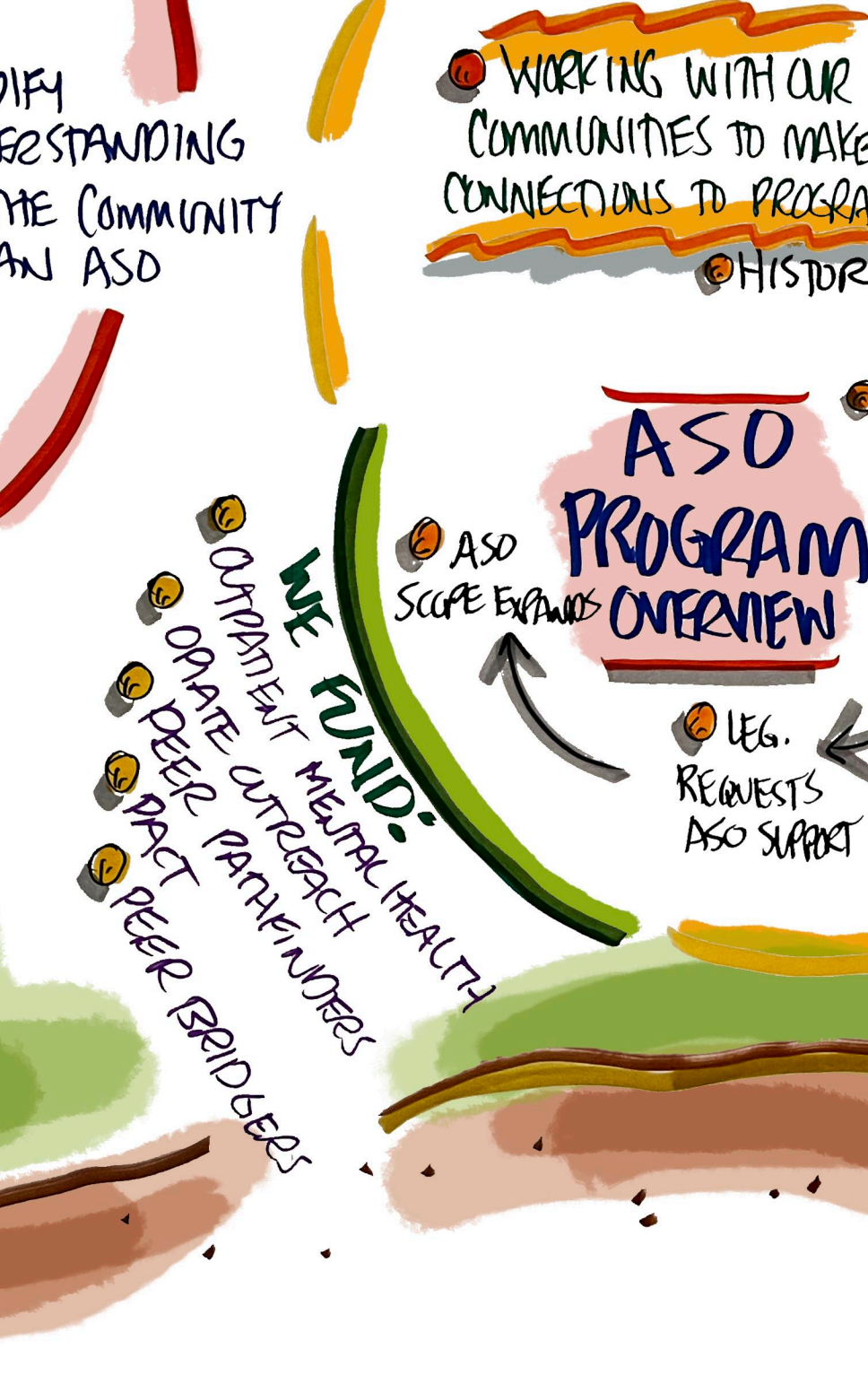
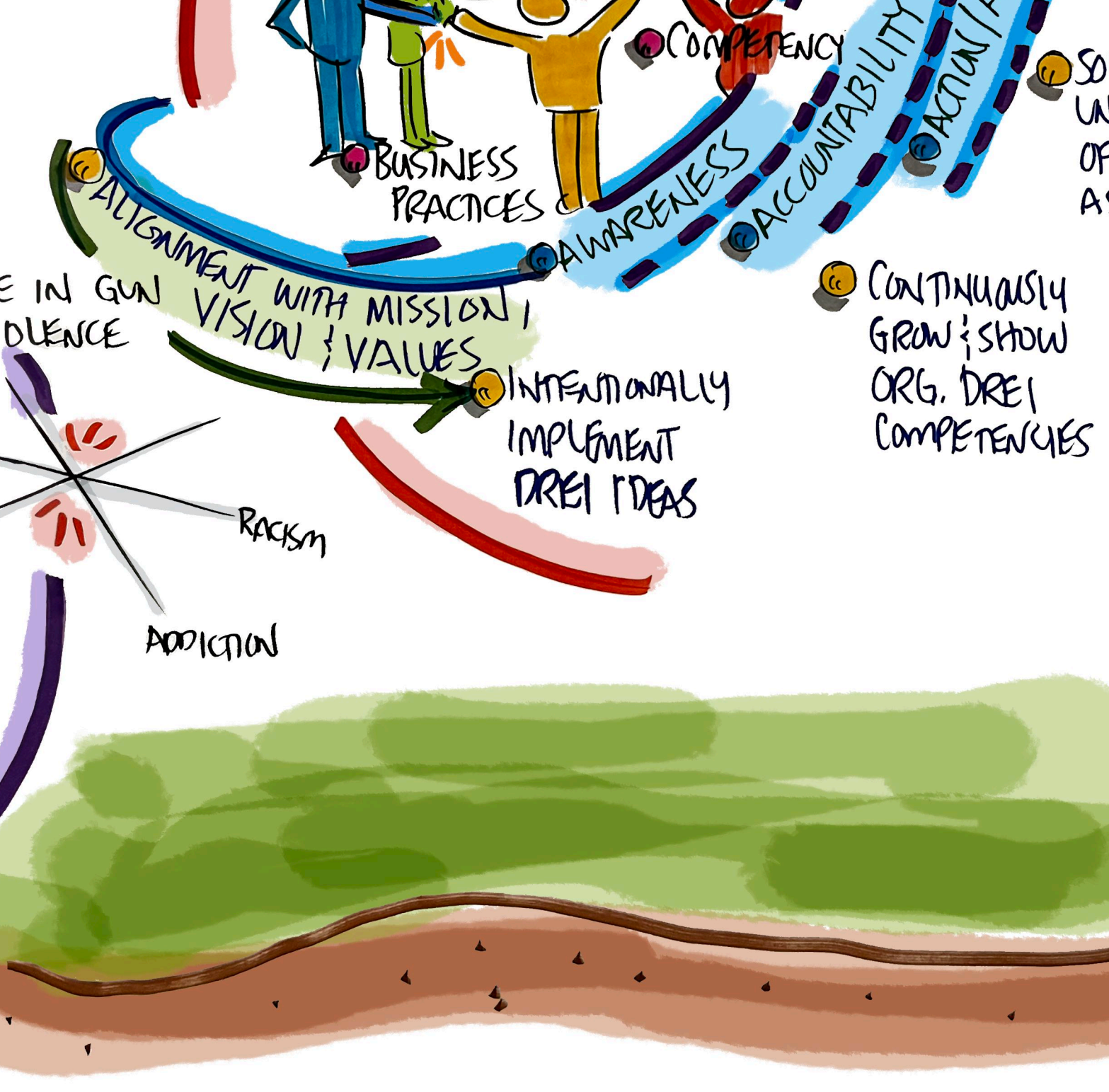
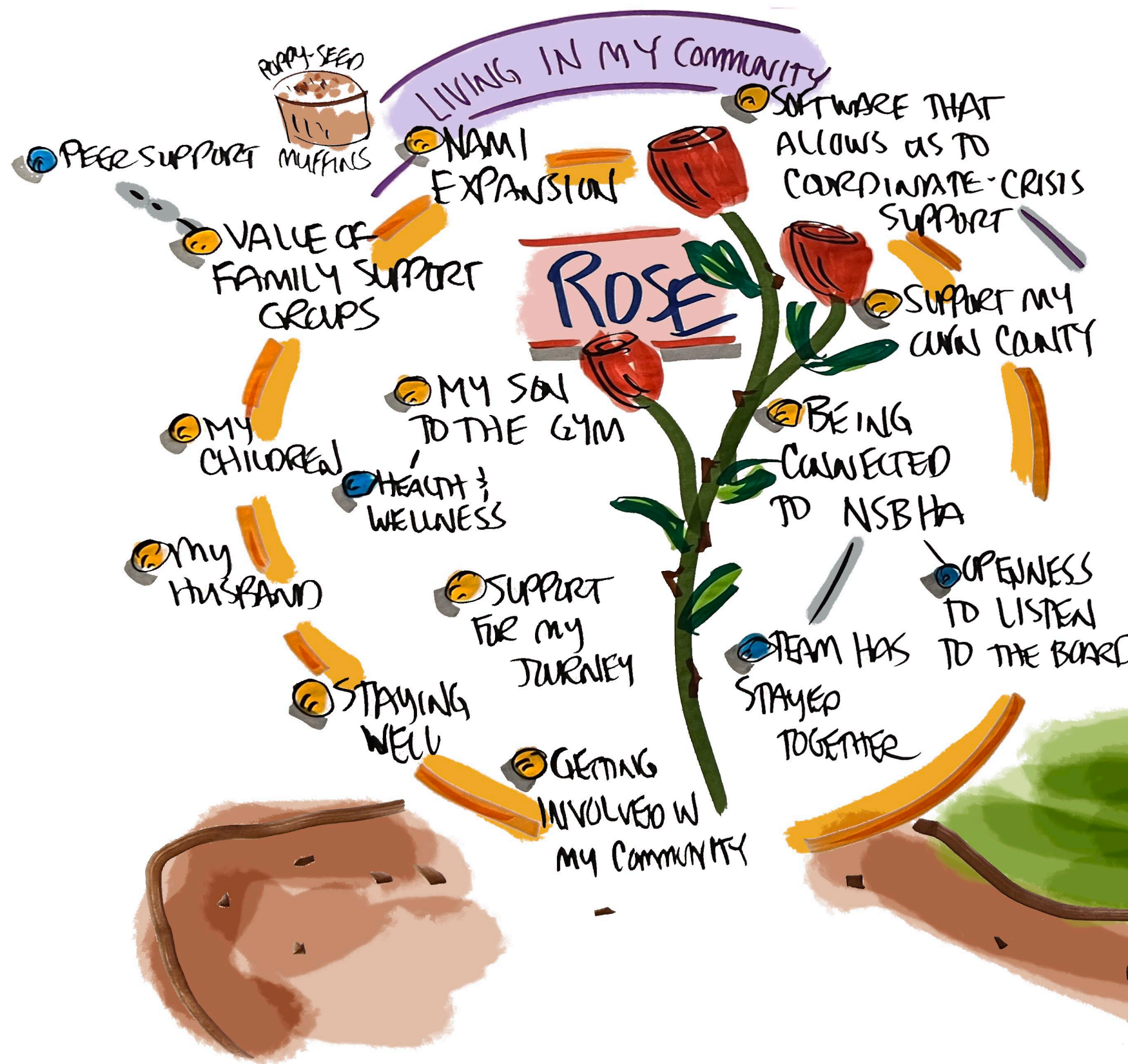
- The April Expenditures were passed and recommended to the Board of Directors for approval.

— **Advisory Board Resignation and Membership**

- Island County
 - 1 vacancy
- San Juan County
 - 3 vacancies
- Skagit County
 - 2 vacancies
- Snohomish County
 - 4 vacancies
- Whatcom County
 - No vacancies

NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICES ORGANIZATION

NSBH ADVISORY BOARD RETREAT MAY 2, 2023



North Sound Behavioral Health Administrative Services Organization May 11th, 2023, Board of Directors Financial Notes

HIGHLIGHTS

1. The Budget to Actuals overall is running just about even. The Crisis Services appears to be slightly increasing with most of the variance due to late billings received in January. Most of the large positive expense variances are due to programs not running yet. The bottom line shows us running just a bit under budget. As a note we have received our ARPA funding budget which basically replaces the Covid block grant funds, the percentage has shifted more towards Mental Health and decreased the SABG allocation.
2. The Revenue and Expense statement is looking good at the end of April, the SABG fund balance is running a large negative but has improved over last month. Our revenues are still covering our expenses. I finished the 12/31/22 R&E report for the State, that analysis shows that most of our State fund balance is tied to Proviso dollars, our available fund balance increased from \$4,863,981.65 to \$5,867,801.05 mostly due to using more block grant and moving some Proviso dollars over that we earned through deliverables. Our Minimum Reserve requirement is \$3,090,242.00.
3. The one thing to note is the Medicaid fund balance, I adjusted it to the R&E balance at 12/31/22. I would guess that at this point the Medicaid fund balance is a lot closer to running even but this month we received a large retro payment from one of the MCOs which makes their fund balance a little larger, on the R&E I will recapture that amount and put it back to State funds since we originally covered the shortfall.
4. Last month we added a worksheet showing the January to June projections. The main thing of note is that we are projecting an increase to our GFS fund balance which is partly due to our 7% rate increase. We project a GFS fund balance of \$8,103,099 at the end of June. I did an analysis of the ending fund balance and it appears we are running an available balance of about \$238,000 per month.

NOTES

1. We are presenting the financial statements for April 2023 for the Behavioral Health Administrative Services Organization (ASO).
2. These monthly statements are prepared for the Board's use only. They provide a snapshot of expenses and revenue for a single calendar month compared with a hypothetical "year to date" projection. However, neither revenues nor expenditures occur on an equal 1/12 amount each month.

3. The North Sound BH-ASO adopts “calendar year” budgets, but the allocations from the state are done on a state fiscal year basis [with adjustments every 6 months]. The exceptions are Federal Block Grant Funds which are allocated for the entire fiscal year.

4. Revenues and expenses are managed independently within each of the major fund categories: Medicaid, State General Fund, Mental Health Block Grant, Substance Abuse Block Grant, and SAMHSA [a direct grant we receive from the federal government for our rural Medication Assistance Treatment program].

5. Within ‘State General Funds’, allocations are further subdivided between general state funds, and the multiple “Proviso” funds allocated for specific services.

6. We have added two new lines at the bottom of the “Revenue and Expense” tab which shows the beginning and ending fund balance within each fund category for the state fiscal year. I also added some additional lines at the bottom to show the Net Income from Operations before the transfer of funds to the BHO.

7. The Budget to Actuals statement includes notes on areas where there is a variance between the hypothetical year to date budget and actual revenues and expenditures. I also added additional lines at the bottom to show the transfer of funds separate from the normal operations.

NORTH SOUND BEHAVIORAL HEALTH ADMINISTRATIVE SERVICE ORGANIZATION
PRELIMINARY REVENUE and EXPENSE STATEMENT for APRIL 2023*
BUDGET TO ACTUALS

<u>REVENUES</u>	2023 Budget	YTD 2023 Budget	YTD 2023 Actual	Variance Favorable (Unfavorable)	
Intergovernmental Revenues					
HRSA	\$ 333,333	111,111	87,398	(23,713)	
MHBG	2,458,494	819,498	757,894	(61,604)	
SABG	4,679,433	1,559,811	1,299,205	(260,606)	
State Funds	27,132,680	9,044,227	9,164,129	119,903	
Medicaid (MCO)	8,751,820	2,917,273	3,257,781	340,508	
Total Intergovernmental Revenues	43,355,760	14,451,920	14,566,408	114,488	
Misc. Revenue **	0	0	12,525	12,525	
Interest Revenue	10,000	3,333	49,307	45,974	
TOTAL REVENUES	\$ 43,365,760	\$ 14,455,253	\$ 14,628,240	\$ 172,986	
<u>EXPENDITURES</u>					
Inpatient Treatment	\$ 1,550,000	516,667	\$ 178,895	337,772	Received a
ITA Judicial	2,700,000	900,000	865,609	34,391	
Crisis Services	13,107,246	4,369,082	4,851,452	(482,370)	Some late
Crisis Teams - Children & Youth	2,034,097	678,032	0	678,032	
Co-Responder	972,456	324,152	243,682	80,470	
MH Crisis Stabilization	1,950,000	650,000	909,717	(259,717)	Front load
E&T Services	1,340,000	446,667	468,817	(22,150)	
E&T Discharge Planner	107,294	35,765	89,139	(53,374)	Expense is
Jail Services	367,536	122,512	82,079	40,433	
PACT Services	1,032,564	344,188	299,877	44,311	
Assisted Outpatient Treatment	236,844	78,948	0	78,948	
Trueblood	223,944	74,648	113,255	(38,607)	Some prio
BH Enhancement Funds	779,188	259,729	66,684	193,045	
HOST	1,205,100	401,700	384,170	17,530	
Peer Bridger	240,000	80,000	72,274	7,726	
MHBG Expenditures ***	511,644	170,548	319,751	(149,202)	Late PATI
HARPS Housing	616,440	205,480	323,673	(118,193)	Late billing
DOC Housing	1,366,830	455,610	622,104	(166,494)	Two amer
DMA County Contracts	581,292	193,764	149,217	44,547	
Recovery Navigator	2,541,340	847,113	739,154	107,959	
Opiate Dependency Outreach	816,632	272,211	321,447	(49,236)	
PPW Housing Support Services	492,038	164,013	191,711	(27,699)	
SABG Expenditures ****	1,616,767	538,922	340,636	198,286	
Withdrawal Management	1,358,000	452,667	520,879	(68,213)	
HRSA	301,416	100,472	148,251	(47,779)	
Juvenile Drug Court	139,800	46,600	49,951	(3,351)	
Other MH Services *****	513,008	171,003	412,401	(241,399)	Increased
Other SUD Services	238,017	79,339	52,063	27,276	
Advisory Board	19,996	6,665	607	6,059	

NORTH SOUND BH-ASO
Warrants Paid
April 2023

Type	Date	Num	Name	Amount
Bill Pmt -Check	04/10/2023	561802	Compass Health	-21,847.26
Bill Pmt -Check	04/10/2023	561806	Consejo Counseling	-7,379.67
Bill Pmt -Check	04/10/2023	561830	Evergreen Recovery	-14,102.52
Bill Pmt -Check	04/10/2023	561893	Lake Whatcom Center	-40,696.31
Bill Pmt -Check	04/10/2023	561897	Lifeline Connections	-25,753.72
Bill Pmt -Check	04/10/2023	561932	Office Depot	-125.76
Bill Pmt -Check	04/10/2023	562030	Smokey Point Behavioral Hospital	-8,462.88
Bill Pmt -Check	04/10/2023	561990	Snohomish Co Juvenile	-12,455.48
Bill Pmt -Check	04/10/2023	561991	Spokane County BHO	-725.00
Bill Pmt -Check	04/10/2023	562001	Telecare Corporation	-22,562.28
Bill Pmt -Check	04/10/2023	562010	Therapeutic Health Services	-7,009.78
Bill Pmt -Check	04/10/2023	562009	Tulalip Tribes	-6,456.83
Bill Pmt -Check	04/10/2023	562031	Volunteers of America	-189,067.12
Bill Pmt -Check	04/14/2023	562106	Compass Health	-160.50
Bill Pmt -Check	04/14/2023	562108	Consejo Counseling	-4,955.19
Bill Pmt -Check	04/14/2023	562204	Crothers, Linda-Reim	-22.50
Bill Pmt -Check	04/14/2023	562138	Frontline Cleaning Services LLC	-1,060.00
Bill Pmt -Check	04/14/2023	562188	King County BHO	-89,416.73
Bill Pmt -Check	04/14/2023	562203	Lifeline Connections	-132,806.74
Bill Pmt -Check	04/14/2023	562141	Lippman, Glenn	-5,468.75
Bill Pmt -Check	04/14/2023	562298	Maharaj-Lewis, Starleen	-315.00
Bill Pmt -Check	04/14/2023	562248	Morris Consulting	-750.00
Bill Pmt -Check	04/14/2023	562253	Pitney Bowes Leasing	-572.59
Bill Pmt -Check	04/14/2023	562287	Skagit County Public Health	-12,953.17
Bill Pmt -Check	04/14/2023	562321	Smokey Point Behavioral Hospital	-7,757.64
Bill Pmt -Check	04/14/2023	562294	Snohomish Co Human Services	-381,676.39
Bill Pmt -Check	04/14/2023	562303	T-Mobil	-912.78
Bill Pmt -Check	04/14/2023	562173	Valentine, Joe - Reimb	-78.04
Bill Pmt -Check	04/14/2023	562332	Wave Business	-601.20
Bill Pmt -Check	04/14/2023	562337	Whatcom County Health Department	-50,598.57
Bill Pmt -Check	04/14/2023	562227	Zak, Noel-Reim	-90.87
Bill Pmt -Check	04/21/2023	562360	Access	-1,310.42
Bill Pmt -Check	04/21/2023	562409	Comcast	-392.05
Bill Pmt -Check	04/21/2023	562410	Commercial Alarm and Detection Inc	-106.08
Bill Pmt -Check	04/21/2023	562411	Community Action of Skagit Co	-55,515.54
Bill Pmt -Check	04/21/2023	562412	Compass Health	-121,786.29
Bill Pmt -Check	04/21/2023	562444	Evergreen Recovery	-160,587.19
Bill Pmt -Check	04/21/2023	562451	Firstline Communications (All Phase)	-1,135.55
Bill Pmt -Check	04/21/2023	562501	Lake Whatcom Center	-19,580.00
Bill Pmt -Check	04/21/2023	562508	Lifeline Connections	-30,247.88
Bill Pmt -Check	04/21/2023	562533	Mount Baker Presbyterian Church	-1,942.94

NORTH SOUND BH-ASO
Warrants Paid
April 2023

Bill Pmt -Check	04/21/2023	562557	Pioneer Center	-24,867.55
Bill Pmt -Check	04/21/2023	562586	Sea Mar	-8,113.10
Bill Pmt -Check	04/21/2023	562364	Special-T Window Films	-5,780.54
Bill Pmt -Check	04/28/2023	562747	Brigid Collins	-10,839.04
Bill Pmt -Check	04/28/2023	562762	City of Mt Vernon	-54,845.89
Bill Pmt -Check	04/28/2023	52771	Compass Health	-944,545.11
Bill Pmt -Check	04/28/2023	562773	Consejo Counseling	-5,897.51
Bill Pmt -Check	04/28/2023	563002	Culligan NW	-49.71
Bill Pmt -Check	04/28/2023	562781	Davenport Group Inc	-33,053.44
Bill Pmt -Check	04/28/2023	562795	Evergreen Recovery	-207,078.52
Bill Pmt -Check	04/28/2023	562815	Greater Columbia BH-ASO	-937.59
Bill Pmt -Check	04/28/2023	562858	Lifeline Connections	-17,888.45
Bill Pmt -Check	04/28/2023	562890	NW ESD 189	-8,349.23
Bill Pmt -Check	04/28/2023	562907	Pioneer Center	-100,480.89
Bill Pmt -Check	04/28/2023	562941	SHI	-58.75
Bill Pmt -Check	04/28/2023	562945	Skagit County Clerk	-80,088.06
Bill Pmt -Check	04/28/2023	562957	Snohomish Co Human Services	-200,175.36
Bill Pmt -Check	04/28/2023	562722	SRS Property Management	-11,280.56
Bill Pmt -Check	04/28/2023	562970	Telecare Corporation	-85,701.00
Bill Pmt -Check	04/28/2023	563011	Triumph Treatment Services	-8,580.00
Bill Pmt -Check	04/28/2023	562988	US Bank	-8,139.65
Bill Pmt -Check	04/28/2023	562995	Volunteers of America	-197,837.48
Bill Pmt -Check	04/28/2023	IGT	Skagit County Auditor	-3,500.00
				-3,457,532.64
				-3,457,532.64
				-3,457,532.64

1. LEGISLATIVE UPDATE

- The final Legislative Report for the 2023 Session is attached [Attachment 1]

2. BEHAVIORAL HEALTH SYSTEM COORDINATION COMMITTEE-NETWORK ADEQUACY WORKGROUP

- The Subcommittee of the Behavioral Health System Coordination Committee continues to work on a proposed method for measuring and monitoring average wait times for outpatient appointments.
- On Wednesday, the workgroup developed a plan to hold 6 focus groups with behavioral health providers – 3 on the west side and 3 on the east side. The purpose of the focus groups would be to collect information on how providers currently measure wait times and the challenges and barriers of collecting and reporting this data to the state.
- This work will be important in informing HCAs project to improve network adequacy standards as required by HB 1515.

3. CRISIS SERVICES UPDATE

- Attached is the Weekly Crisis Capacity Indicator report through April 29 [Attachment 2].
- It shows a gradual decline in the number of calls to the crisis line while the number of crisis dispatches remains relatively the same.

4. PROJECTED OPERATING DEFICIT FOR THE NORTH SOUND BEHAVIORAL HEALTH TREATMENT CENTER IN EVERETT - UPDATE

- Pioneer Human Services [PHS] is projecting an operating deficit for the North Sound Behavioral Health Treatment Center in Everett [Denny Juvenile Justice Center] of approximately \$697,000.
- Upon the direction of the BH-ASO Board of Directors, I sent an email to Teresa Claycamp at HCA asking if there is a way we can provide one-time assistance in a way that would be allowable under the terms of our state contract. HCA has asked for more information on the source and the amount of the funding we would provide.

5. HB 1688 AND THE BALANCED BILLING ACT – UPDATE

- HB 1688 included provisions that required commercial health plans to reimburse for crisis services provided to their members.
- This includes reimbursing for mobile crisis outreach services. North Sound and other BH-ASOs have been part of a workgroup working out the details of billing and data reporting.

- BH-ASOs would have to sift through the encounter data they received from mobile crisis outreach providers and determine which encounters need to be reported to one of 19 different commercial health plans for reimbursement.
- The logistics of how we would actually bill and receive reimbursement from the commercial plans are still being worked out. We have expressed concerns about any solution that would require significantly more investment of ASO resources to set up and maintain.

6. BEHAVIORAL HEALTH NEEDS ASSESSMENT UPDATE

- The joint letter from the Board of Directors and Advisory Board [Attachment 3] providing our recommendations on how to better target future capacity funding for behavioral health services was sent to the Governor and the North Sound legislative delegation.
- We have already received a response from the Governor's office acknowledging receipt and the plan to consider it. We have also received responses from several legislators expressing support and interest.

North Sound BH ASO Executive Director's Report

FINAL LEGISLATIVE UPDATE – May 10

Bills Of High interest to ASOs

Bill	Title	Notes
HB 1134	Implementation of the 988 behavioral health crisis response system Delivered to Governor	<ul style="list-style-type: none"> New funding and categories for “mobile rapid response crisis teams” and “community-based crisis teams” Additional requirements to develop standardized protocols and training
SB 5120	23-hour crisis relief centers Delivered to Governor	<ul style="list-style-type: none"> By January 2024, DOH must license or certify 23-Hour Crisis Relief Centers. CRCs must be structured to have a n-refusal policy for law enforcement drop-offs and not require medical clearances. Triage facilities must be converted to CR
SB 5130	Assisted Outpatient Treatment April 23 – returned to Senate Rules Committee -	<ul style="list-style-type: none"> Reduces the burden of proof needed for an AOT Order Allows other BH professionals to file a supporting declaration
HB 1515	Contracting and procurement requirements for behavioral health services in medical assistance programs [including network adequacy] Delivered to Governor	<ul style="list-style-type: none"> Requires HCA to seek approval to amend the State Medicaid Plan to provide direct payments to crisis services agencies Requires HCA to adopt network adequacy standards and annual review process
SB 5536	Modifies provisions of the Blake Bill Failed final passage as recommended by conference committee – returned to Senate Rules – there might be a special session	<ul style="list-style-type: none"> Increases the penalty for possess of a controlled substance Creates a pre-trial diversion program Puts more emphasis on using LEAD as the primary model for Recovery Navigator Program

Other Bills of Interest

Bill	Title	Status
5440	Providing timely competency evaluation and restoration services [Trueblood] Delivered to Governor	Proposes changes to criteria for ordering competency evaluations, continuation of medication in jails, and for referring defendants to a diversion program. Requires assessing whether persons are appropriate for AOT
1724	Behavioral Health Associates Delivered to Governor	Directs DOH to remove barriers to licensure and streamline certification. Establishes stipends to defray costs related to supervision.
5189	B.H. Support Specialists SIGNED BY THE GOVERNOR	Creates a new certification/classification for persons with bachelor's degrees.
5555	Creating the profession of certified peer specialists Delivered to Governor	Creates a new certification/classification for Peer Specialists and Peer Specialist Trainees
5187	Operating Budget Delivered to Governor	See below

Legislative Operating and Capital Budgets – Highlights

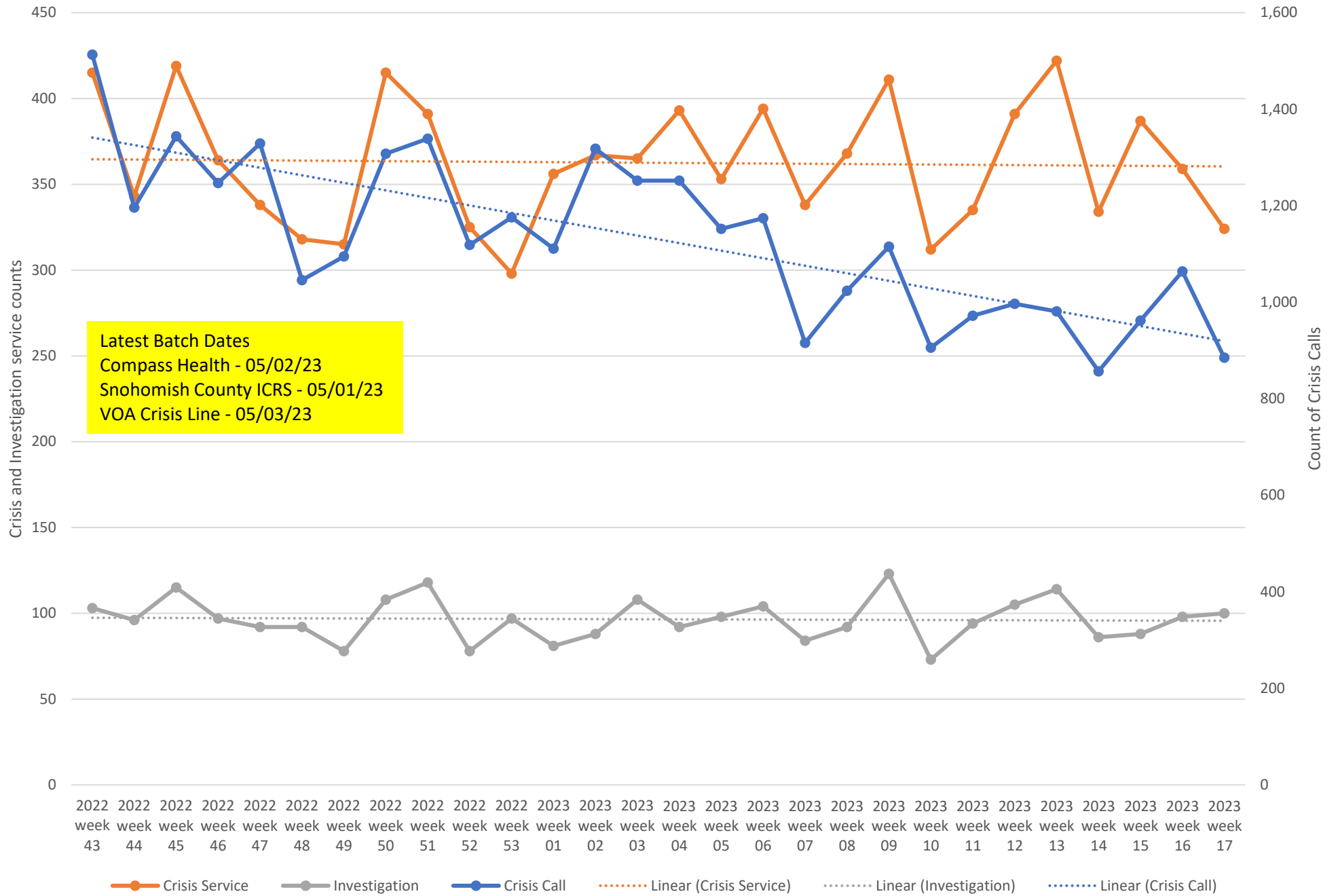
- Final Community Behavioral Health Budget: \$5,173,196,000 – an increase of \$359,207,000 from 21-23 biennium
- Although SB 5536 [update of Blake Bill} did not pass existing funding for the Recovery Navigator program will continue
- There are 124 “provisos” related to community behavioral health
- 15% provider rate increase for both Medicaid and Non-Medicaid services
- Expanded funding for Behavioral Health crisis response supported in part by the new telecom tax
- Some local provisos include:
 - Lynwood Recovery Center
 - Grant to the city of Arlington for a mobile integrated pilot with the north county regional fire authority
 - \$9 million capital funding for a Crisis Stabilization facility in Whatcom County
 - \$12 million capital funding for a Crisis Stabilization facility in Skagit County



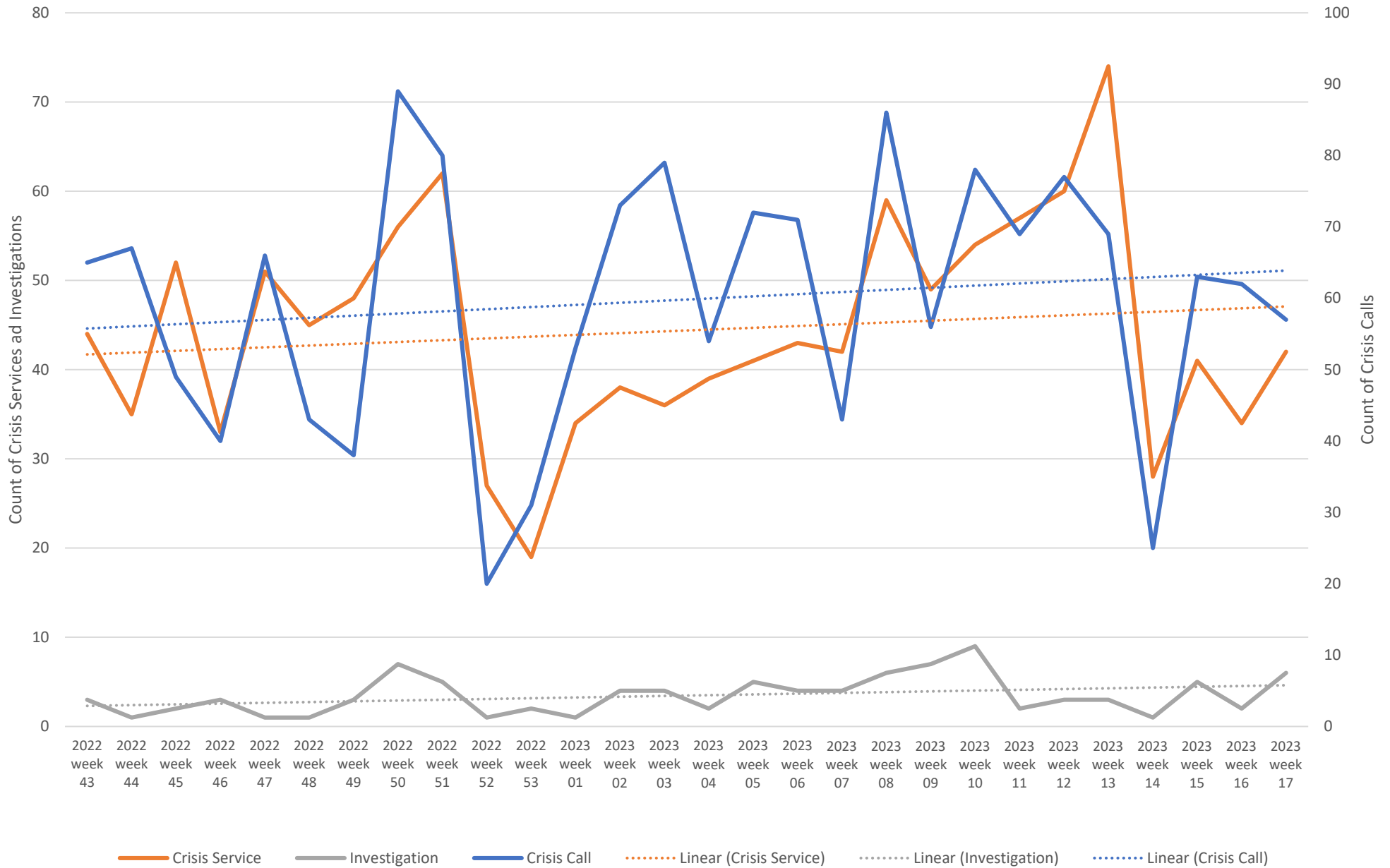
Weekly Crisis Capacity Indicator Snapshot

Page 2	Crisis Data - dates 10/16/22 to 04/29/23
Page 3	Crisis Data: Ages 0-17 - dates 10/16/22 to 04/29/23
Page 4	All DCR Dispatches - dates 10/16/22 to 04/29/23
Page 5	Weekly Staff Count - Staff providing Crisis or Investigation services 10/16/22 to 04/29/23
Page 6	Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low
Page 7	Telehealth only, crisis and investigation services from 10/16/22 to 04/29/23
Page 8	Crisis Service Unit Percent - Crisis Service units divided by Crisis units + Investigation units
Page 9	Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days
Page 10	Place of Service -Crisis Services, percent of total by week
Page 11	Place of Service -Investigations, percent of total by week
Page 12	New COVID-19 Cases Reported Weekly per 100,000 population - 06/15/22 to 05/03/23
Page 13	New COVID-19 Deaths Reported Weekly per 1,000,000 population - 06/15/22 to 05/03/23
Page 14	Total Hospitalized Adults - COVID-19 (confirmed or suspected) 7 day average
Page 15	North Sound BH ASO Walkaway Chart 10/16/22 to 04/29/23

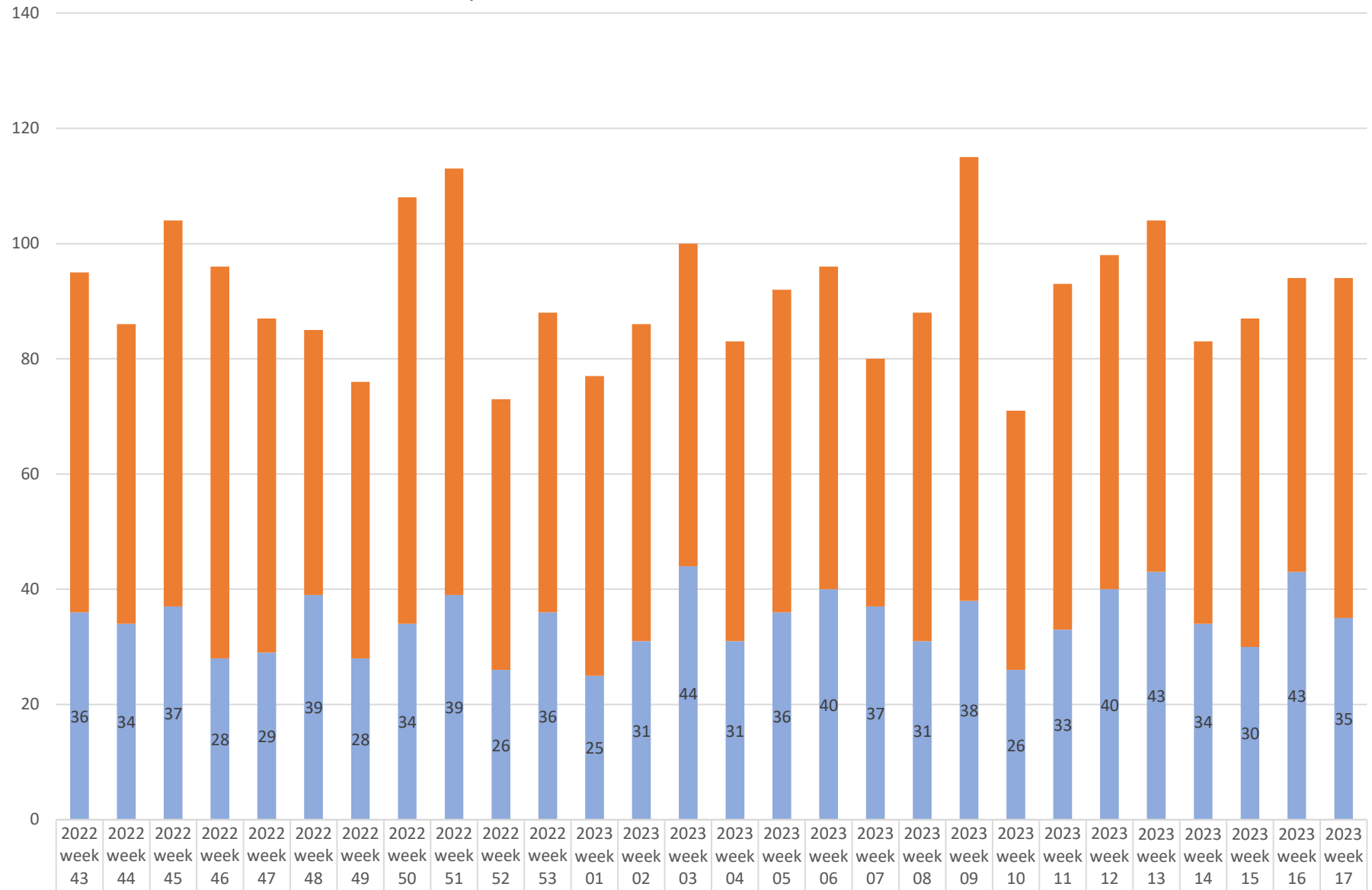
Crisis Data - dates 10/16/22 to 04/29/23



Crisis Data: Ages 0-17 - dates 10/16/22 to 04/29/23

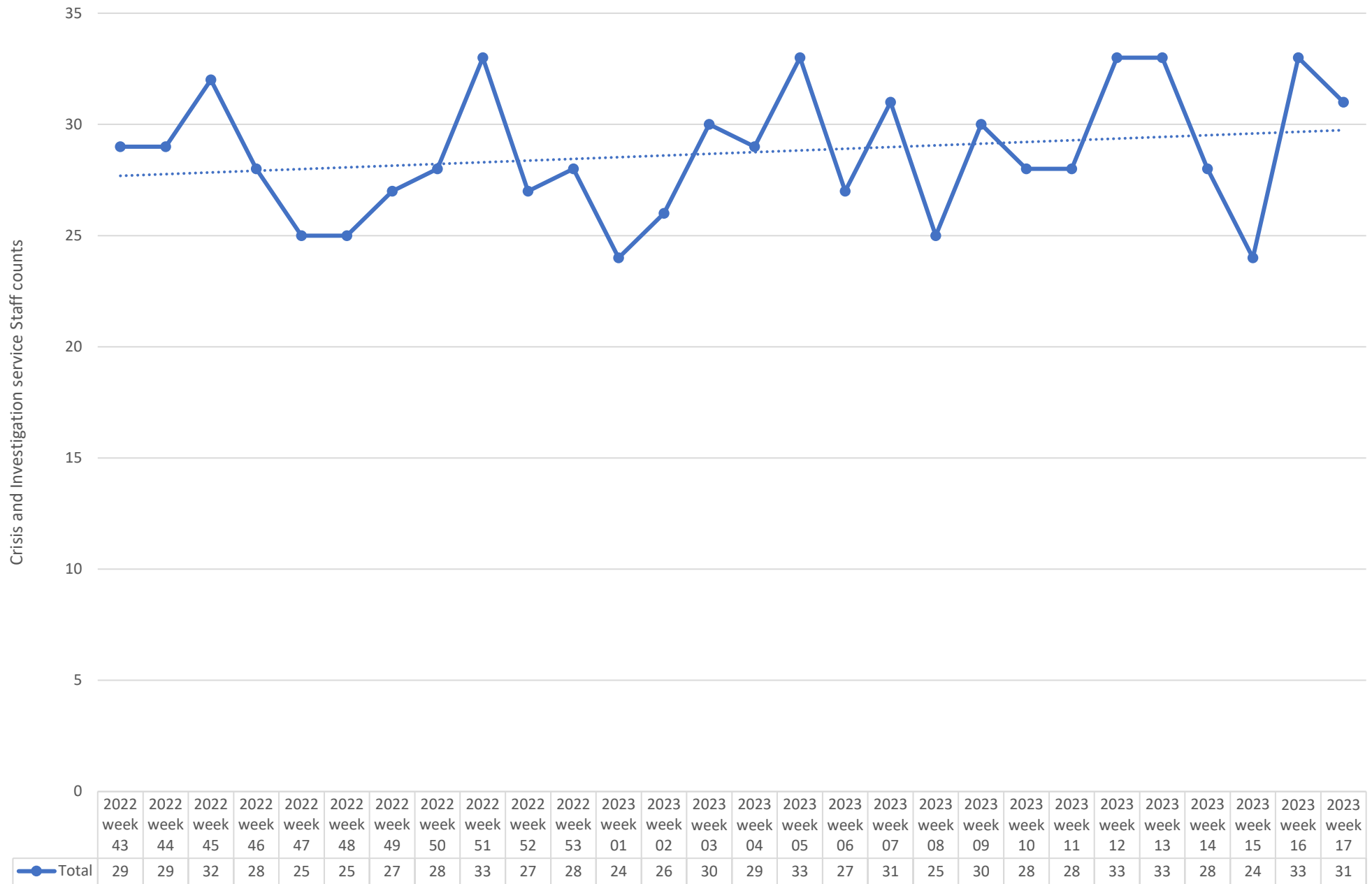


All DCR Dispatches - dates 10/16/22 to 04/29/23



dispatch resulting in other outcome	59	52	67	68	58	46	48	74	74	47	52	52	55	56	52	56	56	43	57	77	45	60	58	61	49	57	51	59
dispatch resulting in detention	36	34	37	28	29	39	28	34	39	26	36	25	31	44	31	36	40	37	31	38	26	33	40	43	34	30	43	35

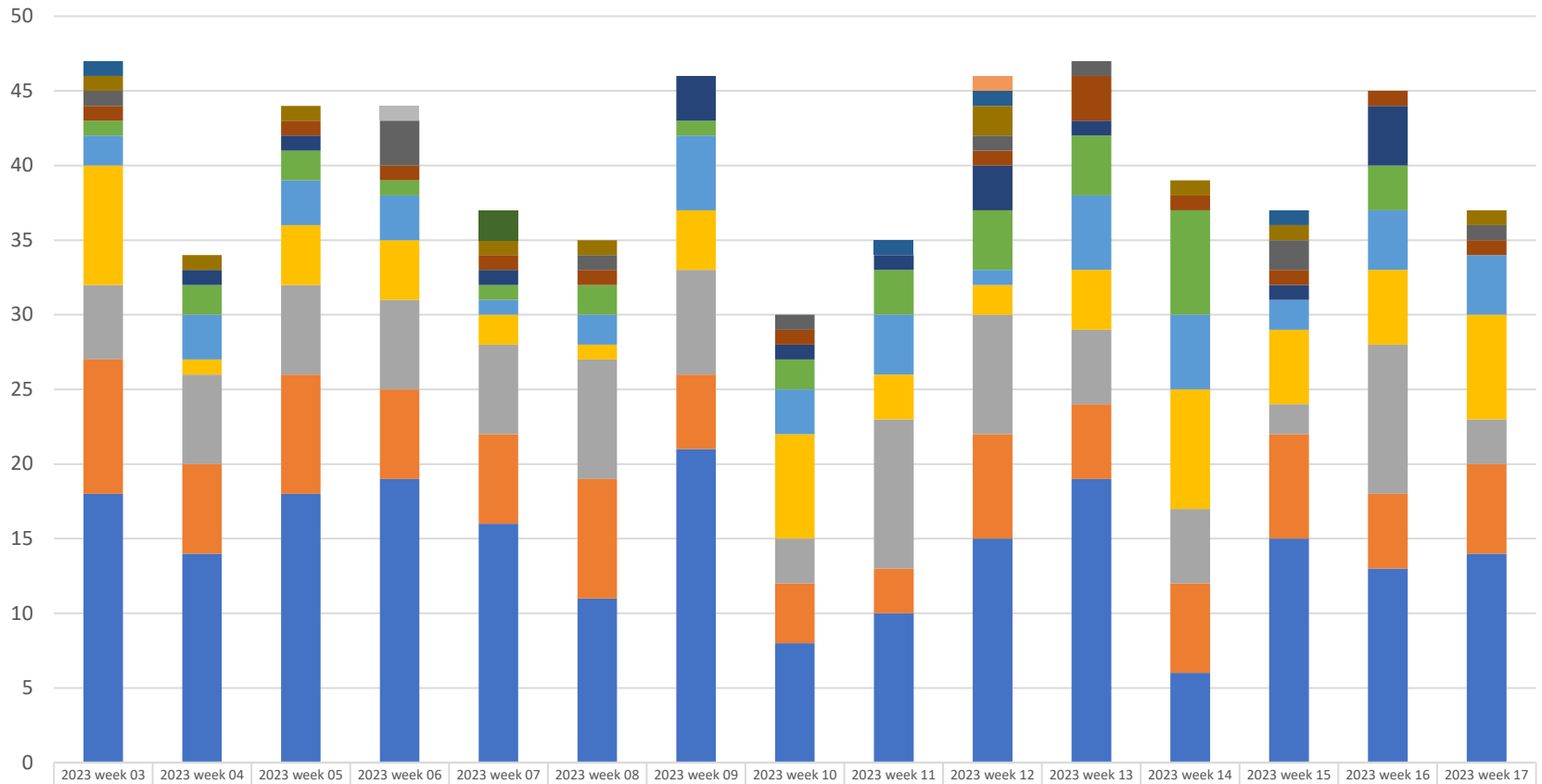
Weekly Staff Count - Staff providing Crisis or Investigaion services 10/16/22 to 04/29/23



2023 week 17 ending 01/00/00

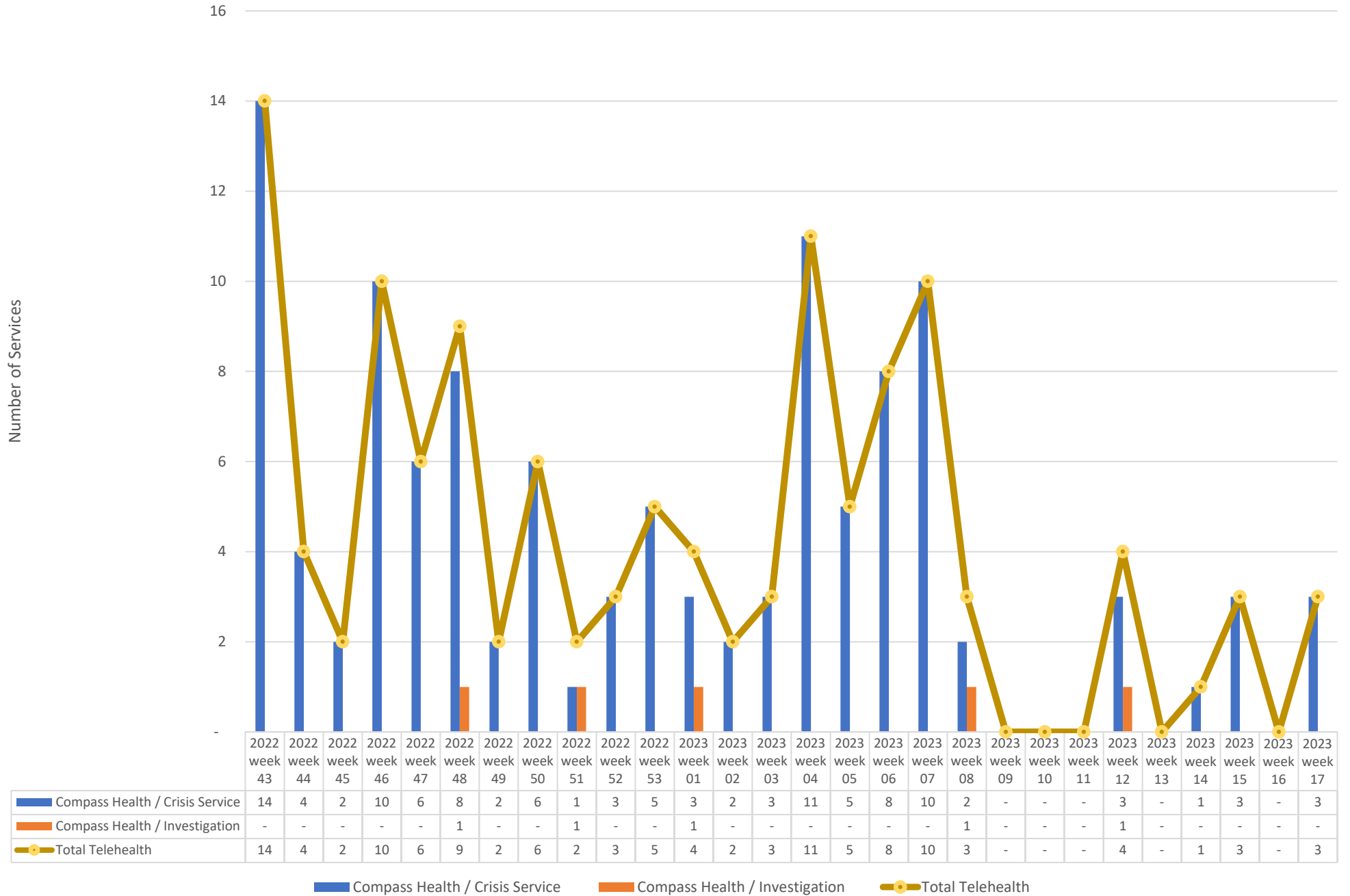
Hospital placement locations (Invol and Vol) - No adjustment has been made for timely data - recent weeks likely low

Count of hospital placement locations in the dispatch record

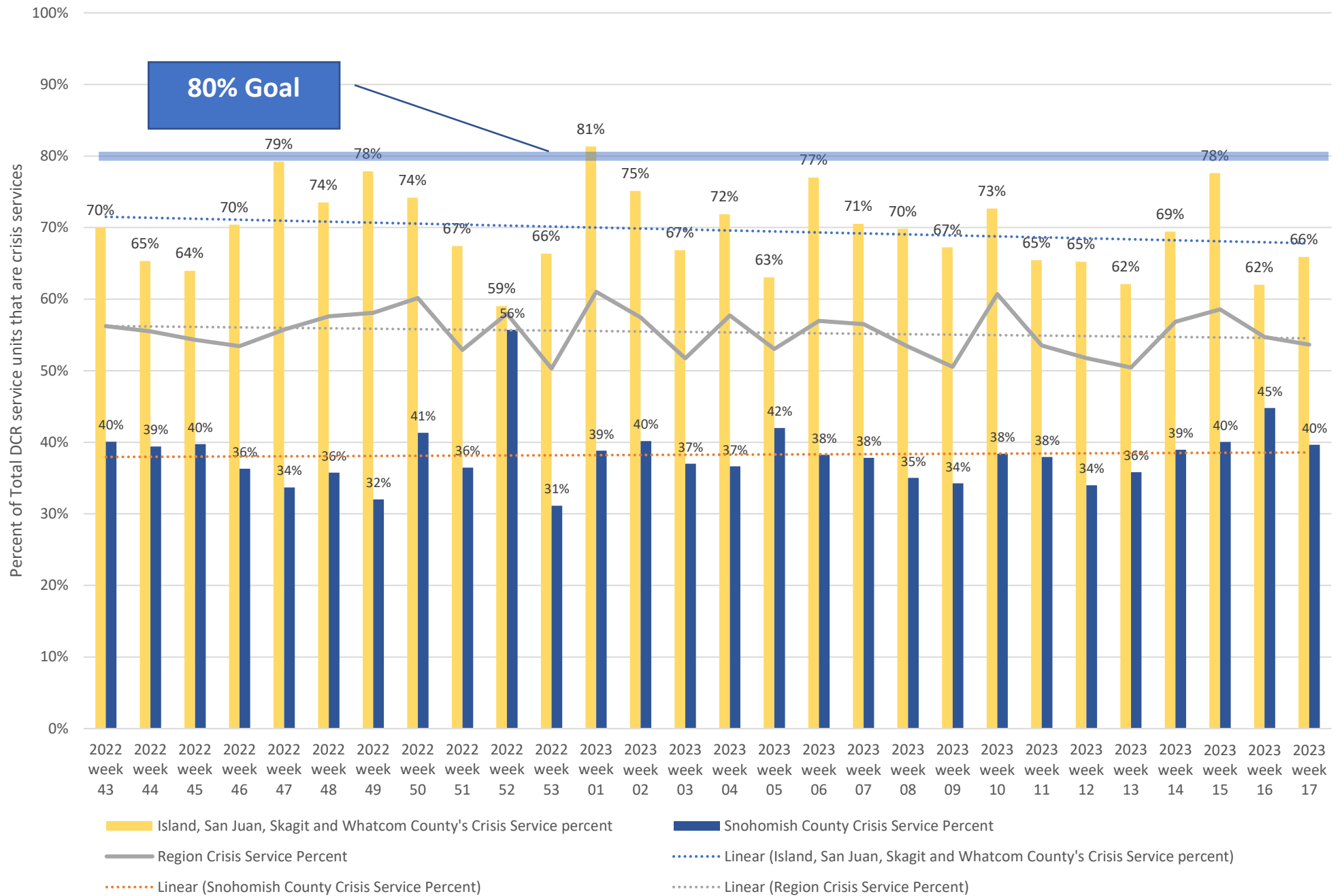


■ Cascade E&T Center				1											
■ SWEDISH MEDICAL CENTER CHERRY HILL										1					
■ Telecare Mental Health Serv Of WA									1						
■ Cascade Behavioral Hospital LLC					2										
■ Valley Cities Counseling And Consultation	1									1			1		
■ ABHS Chehalis	1	1	1		1	1				2		1	1		1
■ VALLEY GENERAL HOSPITAL	1			3		1		1		1	1		2		1
■ Telecare North Sound Evaluation and Treatment	1		1	1	1	1		1		1	3	1	1	1	1
■ Mukilteo		1	1		1		3	1	1	3	1		1	4	
■ BHC Fairfax Hospital INC	1	2	2	1	1	2	1	2	3	4	4	7		3	
■ SMOKEY POINT BEHAVIORAL HOSPITAL	2	3	3	3	1	2	5	3	4	1	5	5	2	4	4
■ Skagit Valley Hospital	8	1	4	4	2	1	4	7	3	2	4	8	5	5	7
■ Peacehealth Bellingham	5	6	6	6	6	8	7	3	10	8	5	5	2	10	3
■ SWEDISH EDMONDS	9	6	8	6	6	8	5	4	3	7	5	6	7	5	6
■ Providence Everett	18	14	18	19	16	11	21	8	10	15	19	6	15	13	14

Telehealth only, crisis and investigation services from 10/16/22 to 04/29/23



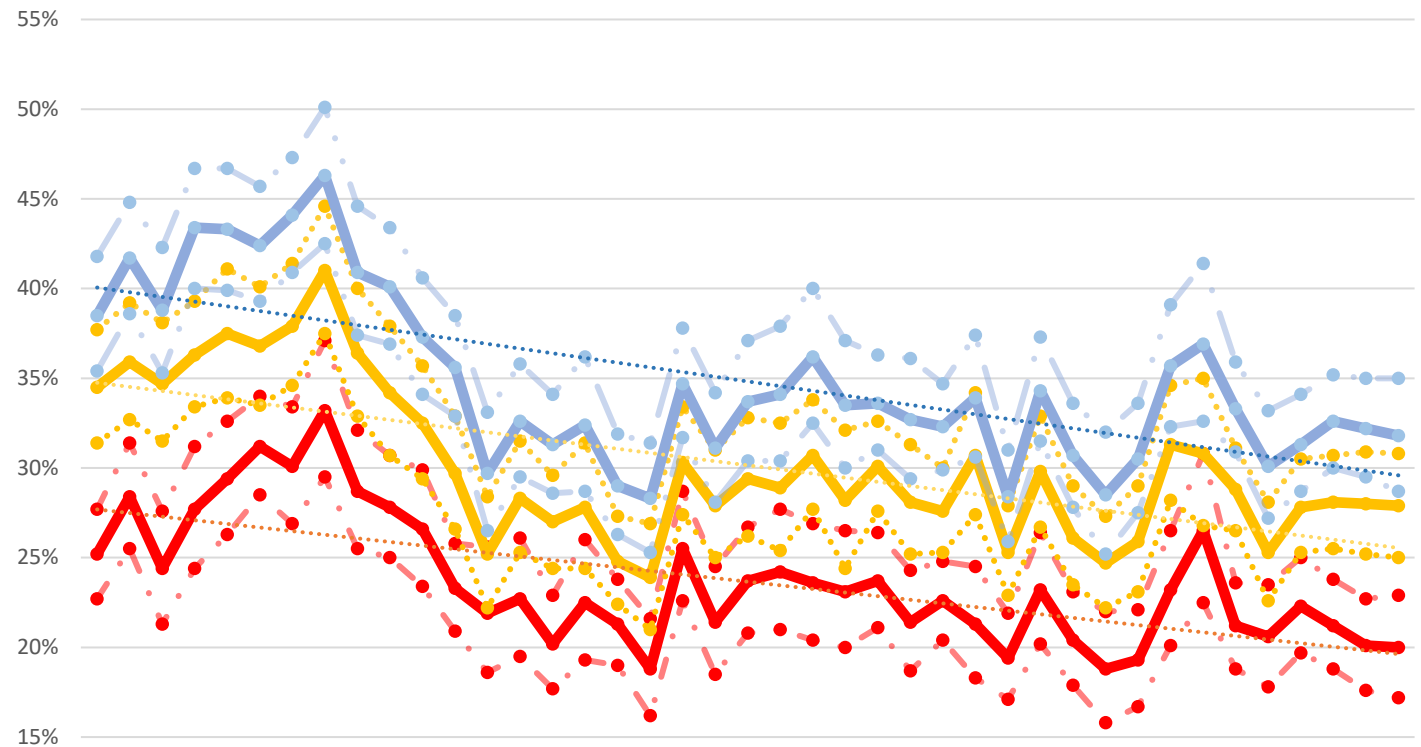
Crisis Service Unit Percent - Crisis Service units divided by Crisis units + Investigation units



Washington State Indicators of Anxiety or Depression Based on Reported Frequency of Symptoms During Last 7 Days

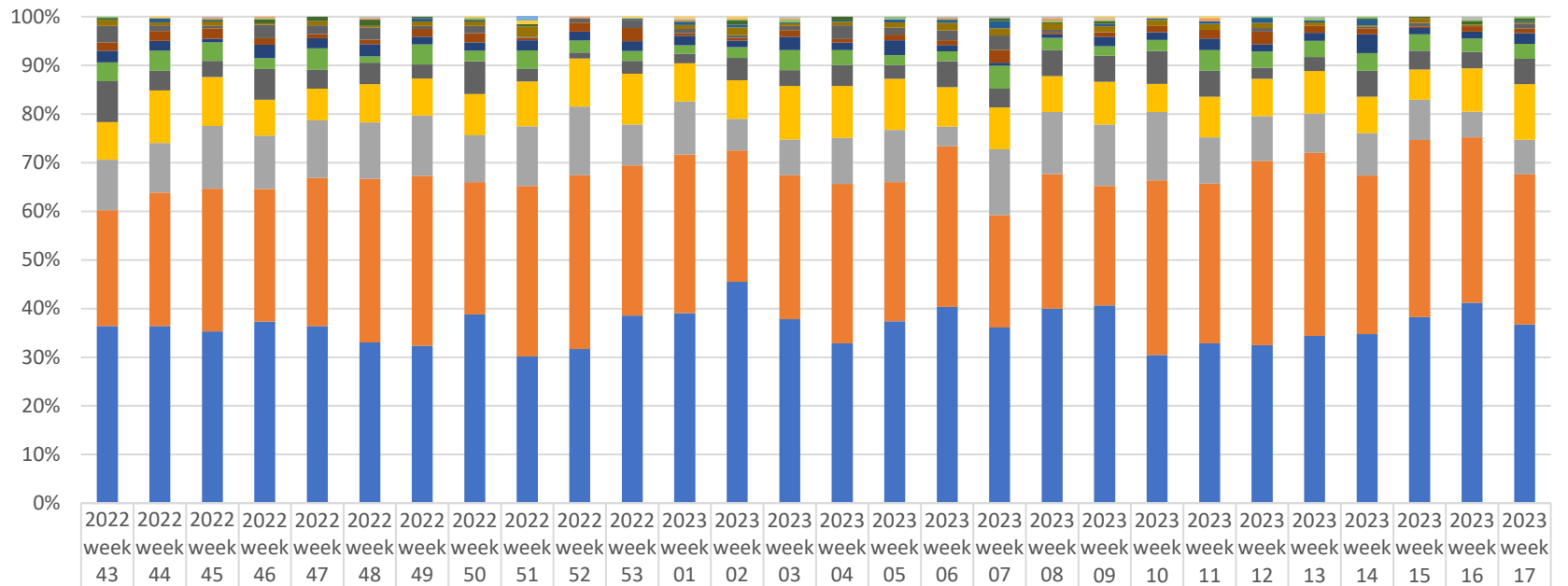
The U.S. Census Bureau, in collaboration with five federal agencies, launched the Household Pulse Survey to produce data on the social and economic impacts of Covid-19 on American households. The Household Pulse Survey was designed to gauge the impact of the pandemic on employment status, consumer spending, food security, housing, education disruptions, and dimensions of physical and mental wellness.

<https://data.cdc.gov/NCHS/Indicators-of-Anxiety-or-Depression-Based-on-Reported-Frequency-of-Symptoms-During-Last-7-Days>



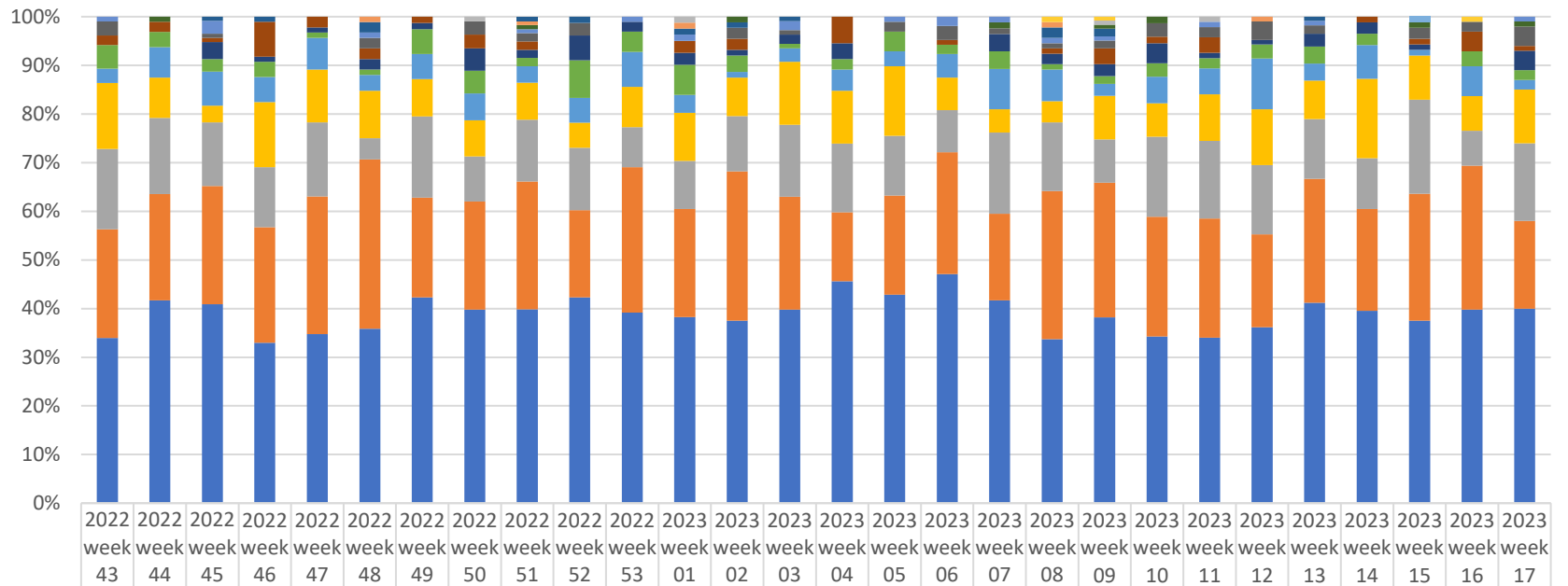
10%		30 Sep -12 Oct 20	14 Oct -26 Oct 20	28 Oct -09 Nov 20	11 Nov -23 Nov 20	25 Nov -07 Dec 20	09 Dec -21 Jan 21	06 Jan -18 Feb 21	20 Jan -11 Feb 21	03 Feb -15 Mar 21	17 Feb -01 Mar 21	03 Mar -15 Apr 21	17 Mar -29 Apr 21	14 Apr -26 May 21	28 Apr -10 May 21	12 May -24 Jun 21	26 May -07 Jun 21	09 Jun -16 Jul 21	23 Jun -05 Jul 21	21 Jul -02 Aug 21	04 Aug -16 Aug 21	18 Aug -03 Sep 21	01 Sep -27 Sep 21	15 Sep -11 Oct 21	29 Sep -27 Oct 21	01 Oct -13 Dec 21	29 Oct -22 Jan 22	26 Nov -07 Feb 22	02 Dec -14 Mar 22	30 Dec -11 Apr 22	27 Jan -09 May 22	01 Feb -13 Jun 22	29 Feb -11 Jul 22	27 Mar -08 Aug 22	14 Apr -26 Sep 22	05 May -17 Oct 22	02 Jun -14 Nov 22	09 Jul -27 Dec 22	04 Aug -16 Jan 23	01 Sep -13 Feb 23	01 Oct -13 Mar 23	29 Oct -10 Apr 23
<div><div></div><div></div><div></div></div> % with Symptoms of Depressive Disorder low conf. level	23%	26%	21%	24%	26%	29%	27%	30%	26%	25%	23%	21%	19%	20%	18%	19%	19%	16%	23%	19%	21%	21%	20%	20%	21%	19%	20%	18%	17%	20%	18%	16%	17%	20%	23%	19%	18%	20%	19%	18%	17%	
<div><div></div><div></div><div></div></div> % with Symptoms of Depressive Disorder value	25%	28%	24%	28%	29%	31%	30%	33%	29%	28%	27%	23%	22%	23%	20%	23%	21%	19%	26%	21%	24%	24%	24%	23%	24%	21%	23%	21%	19%	23%	20%	19%	19%	23%	27%	21%	21%	22%	21%	20%	20%	
<div><div></div><div></div><div></div></div> % with Symptoms of Depressive Disorder high conf. level	28%	31%	28%	31%	33%	34%	33%	37%	32%	31%	30%	26%	26%	26%	23%	26%	24%	22%	29%	25%	27%	28%	27%	27%	26%	24%	25%	25%	22%	26%	23%	22%	22%	27%	31%	24%	24%	25%	24%	23%	23%	
<div><div></div><div></div><div></div><div></div><div></div></div> % with Symptoms of Anxiety Disorder low conf. level	31%	33%	32%	33%	34%	34%	35%	38%	33%	31%	29%	27%	22%	25%	24%	24%	22%	21%	27%	25%	26%	25%	28%	24%	28%	25%	25%	27%	23%	27%	24%	22%	23%	28%	27%	27%	23%	25%	26%	25%	25%	
<div><div></div><div></div><div></div></div> % with Symptoms of Anxiety Disorder value	35%	36%	35%	36%	38%	37%	38%	41%	36%	34%	33%	30%	25%	28%	27%	28%	25%	24%	30%	28%	29%	29%	31%	28%	30%	28%	28%	31%	25%	30%	26%	25%	26%	31%	31%	29%	25%	28%	28%	28%	28%	
<div><div></div><div></div><div></div><div></div><div></div></div> % with Symptoms of Anxiety Disorder high conf. level	38%	39%	38%	39%	41%	40%	41%	45%	40%	38%	36%	33%	28%	32%	30%	31%	27%	27%	33%	31%	33%	33%	34%	32%	33%	31%	30%	34%	28%	33%	29%	27%	29%	35%	35%	31%	28%	31%	31%	31%	31%	
<div><div></div><div></div><div></div></div> % with Symptoms of Anxiety or Depressive Disorder low conf. level	35%	39%	35%	40%	40%	39%	41%	43%	37%	37%	34%	33%	27%	30%	29%	29%	26%	25%	32%	28%	30%	30%	33%	30%	31%	29%	30%	31%	26%	32%	28%	25%	28%	32%	33%	31%	27%	29%	30%	30%	29%	
<div><div></div><div></div><div></div></div> % with Symptoms of Anxiety or Depressive Disorder value	39%	42%	39%	43%	43%	42%	44%	46%	41%	40%	37%	36%	30%	33%	31%	32%	29%	28%	35%	31%	34%	34%	36%	34%	34%	33%	32%	34%	28%	34%	31%	29%	31%	36%	37%	33%	30%	31%	33%	32%	32%	
<div><div></div><div></div><div></div></div> % with Symptoms of Anxiety or Depressive Disorder high conf. level	42%	45%	42%	47%	47%	46%	47%	50%	45%	43%	41%	39%	33%	36%	34%	36%	32%	31%	38%	34%	37%	38%	40%	37%	36%	36%	35%	37%	31%	37%	34%	32%	34%	39%	41%	36%	33%	34%	35%	35%	35%	

Place of Service -Crisis Services, percent of total by week

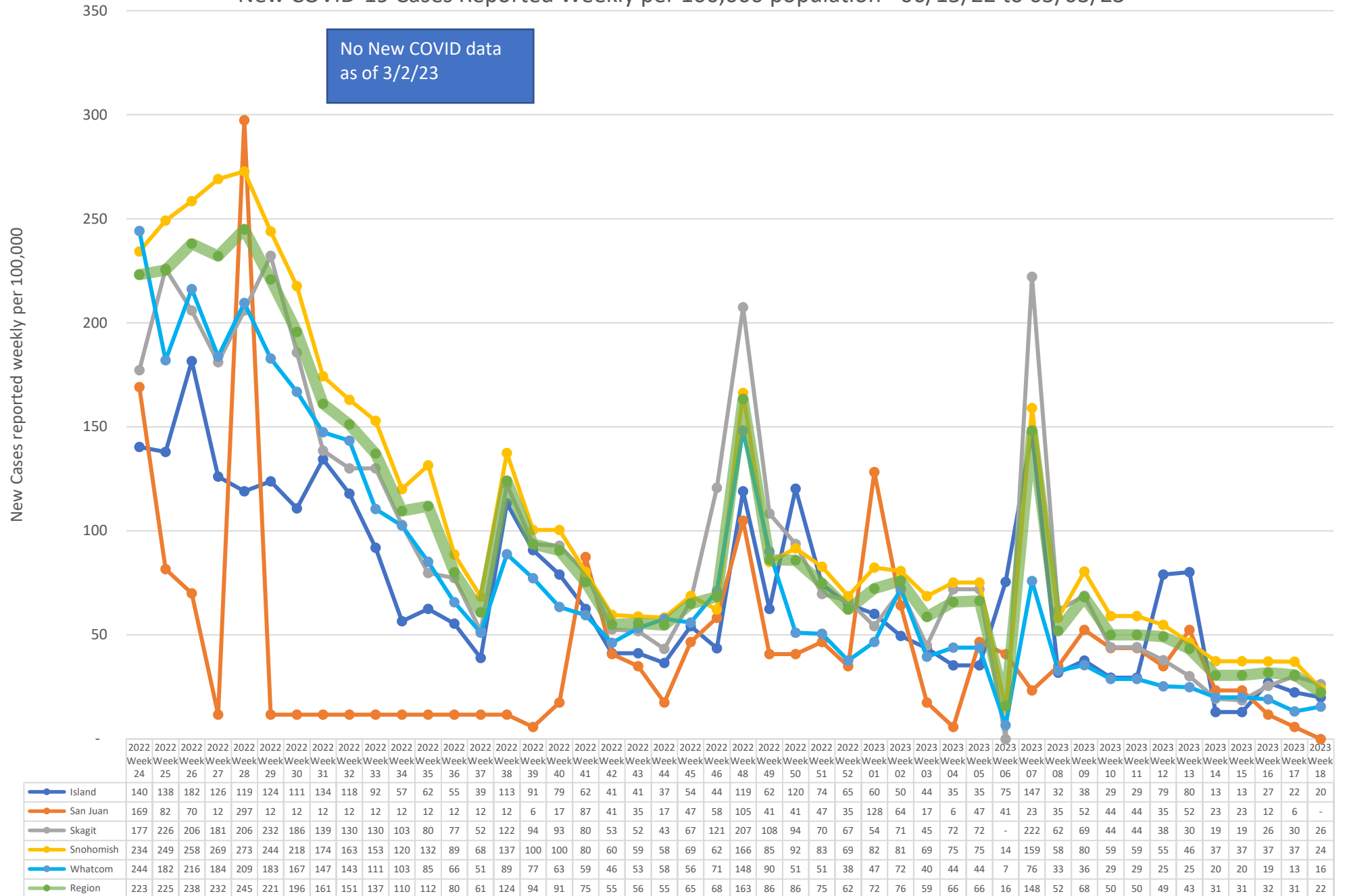


Custodial Care Facility																1												
Skilled Nursing Facility									3																			
Nursing Facility		1						1	3		1	1	1							1	1	1						
Community Mental Health Center			1			1					1	1	1	1	1	1	1	1	1				1			2		
Psych. Residential			1	1		1				1	1	1	1	1			1		2	1		2						
On Campus Outpatient Hospital	1			1				1				1	2						1	1			1	2	1		1	1
Group Home	2		1	3	3	4	1	1	2		1	3			3		1	2	1	2					1	1	3	2
Homeless Shelter		3	1				2	1			1	2	2	1	1	2	2	5		2	1	2	4	2	4			1
School	5	2	4	1	3	1	3	4	8		3	6	2	3	4	6	5	5	5	4	4	4	4	3	1	4	1	1
Telehealth	14	4	2	10	6	8	2	6	1	3	5	3	2	3	11	5	8	10	2				3		1	3		3
Inpatient Hospital	7	7	9	5	3	3	5	8	2	6	8	2	2	5	3	4	4	9	1	4	4	6	10	6	4	1	4	3
Inpatient Psychiatric Facility	10	7	3	10	7	8	5	7	8	6	6	7	5	10	6	11	5	2	3	8	5	8	6	7	13	5	5	7
Prison Correctional Facility	16	14	16	8	15	4	13	9	15	8	6	6	8	15	12	7	8	16	9	8	7	14	13	14	12	13	10	10
Assisted Living Facility	35	14	14	23	13	14	9	28	10	4	8	7	17	12	17	10	21	13	20	22	21	18	9	12	18	15	12	17
Emergency Room Hospital	32	37	42	27	22	25	24	35	36	32	31	28	29	40	42	37	32	29	27	36	18	28	30	37	25	24	32	37
Home	43	35	54	40	40	37	39	40	48	46	25	39	24	27	37	38	16	46	47	52	44	32	36	34	29	32	19	23
Other Place of Service	99	94	123	99	103	107	110	113	137	116	92	116	99	108	129	101	130	78	102	101	112	110	148	159	109	141	122	100
Office	151	125	148	136	123	105	102	161	118	103	115	139	167	138	129	132	159	122	147	167	95	110	127	145	116	148	148	119

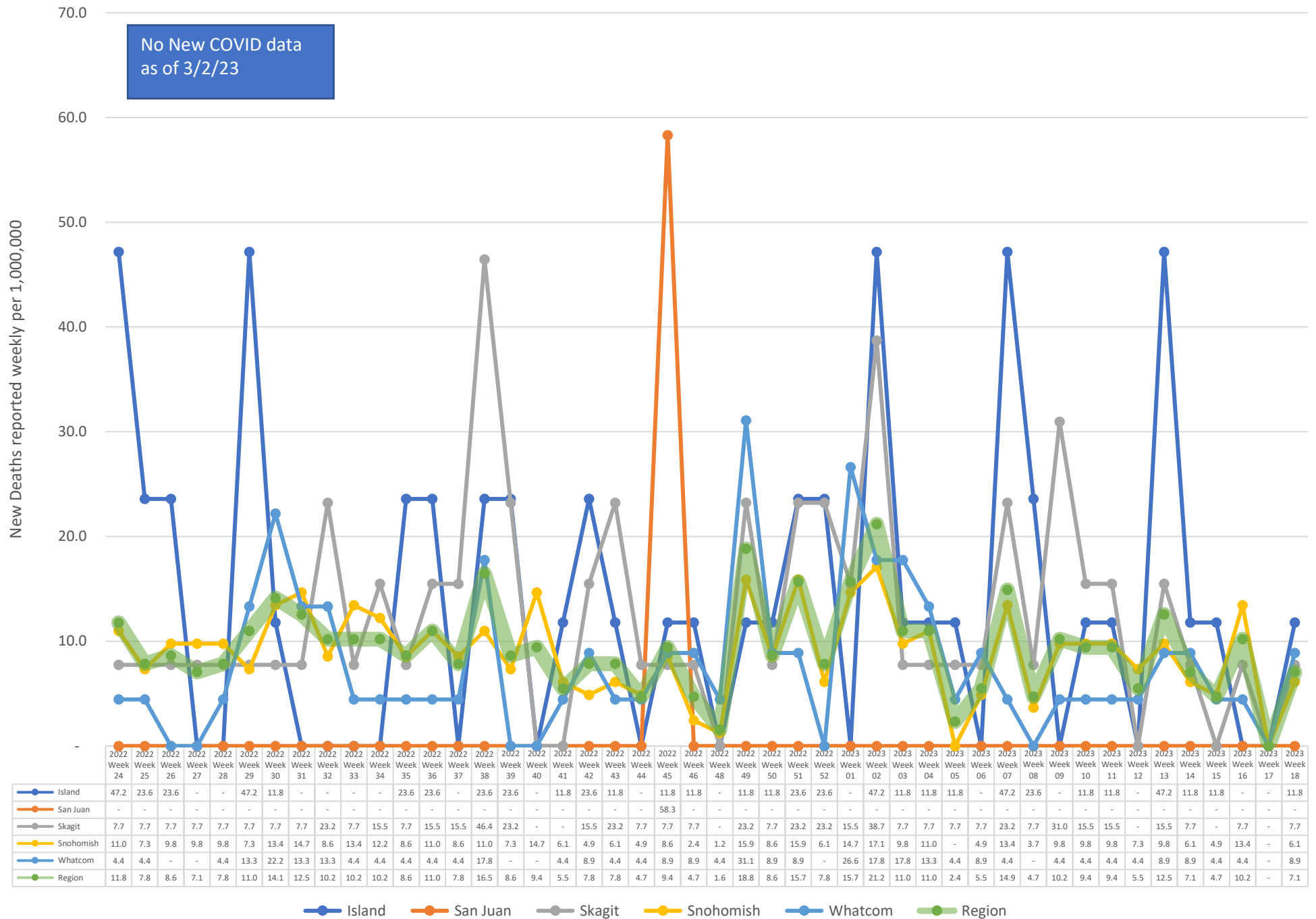
Place of Service -Investigations, percent of total by week



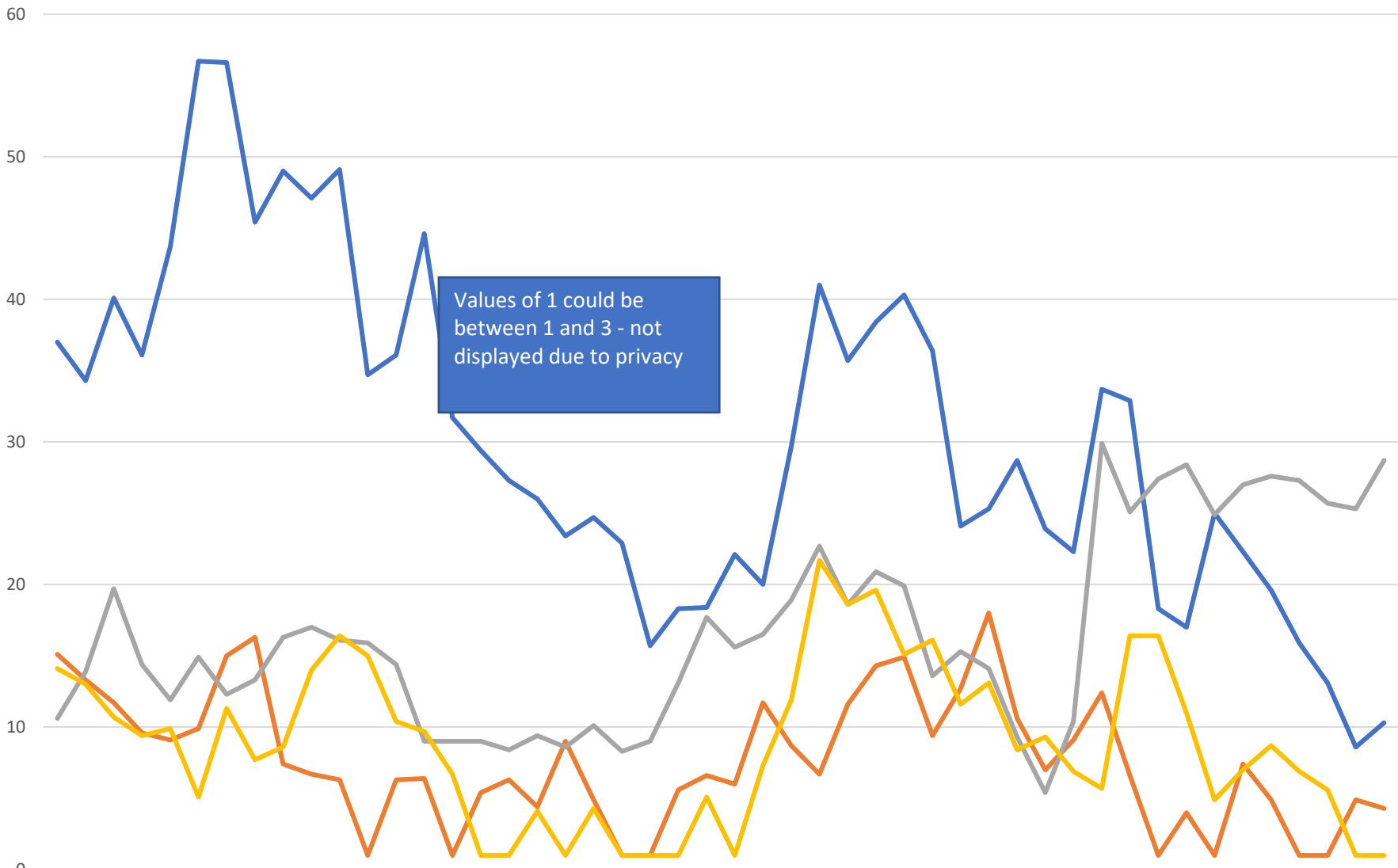
New COVID-19 Cases Reported Weekly per 100,000 population - 06/15/22 to 05/03/23



New COVID-19 Deaths Reported Weekly per 1,000,000 population - 06/15/22 to 05/03/23



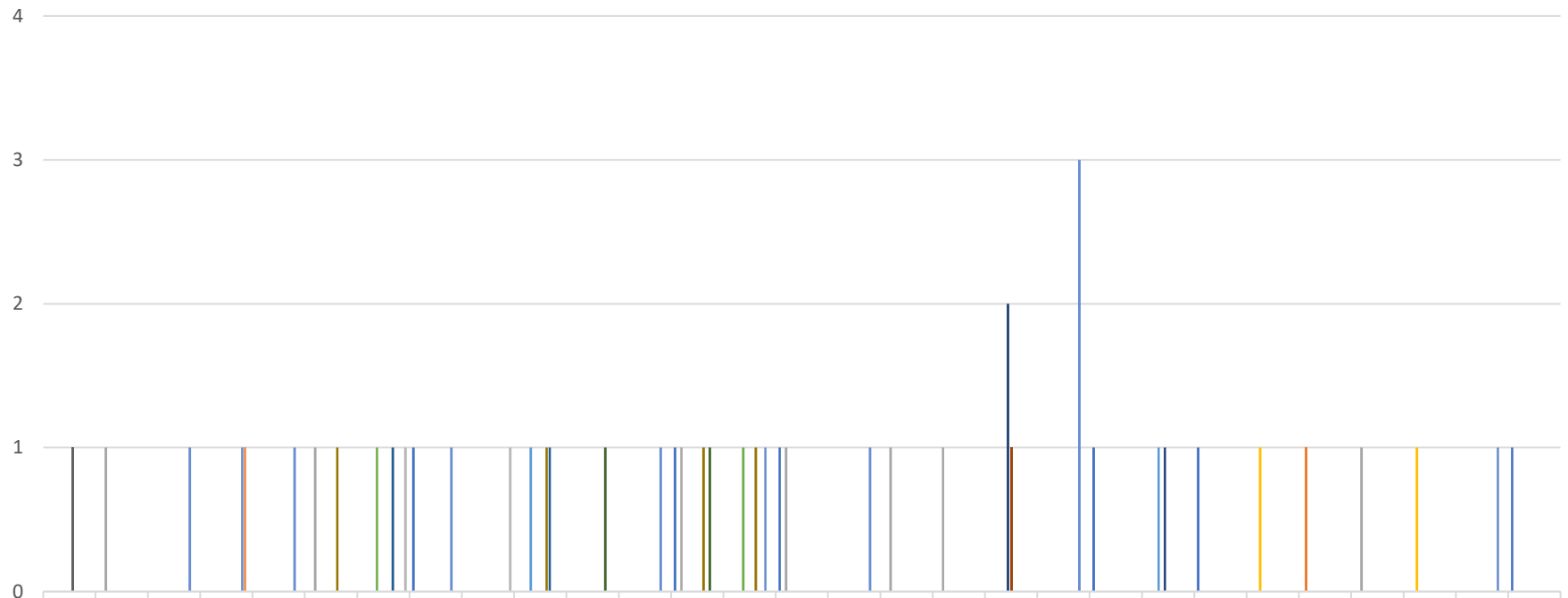
Total Hospitalized Adults - COVID-19 (confirmed or suspected) 7 day average



	5/2 7/2 022	6/3/ 0/2 022	6/1 0/2 022	6/1 7/2 022	6/2 4/2 022	7/1/ 202 2	7/8/ 202 2	7/1 5/2 022	7/2 2/2 022	7/2 9/2 022	8/5/ 202 2	8/1 2/2 022	8/1 9/2 022	8/2 6/2 022	9/2/ 202 2	9/9/ 202 2	9/1 6/2 022	9/2 3/2 022	9/3 0/2 022	10/ 7/2 022	10/ 14/ 202 2	10/ 21/ 202 2	10/ 28/ 202 2	11/ 4/2 022	11/ 11/ 202 2	11/ 18/ 202 2	11/ 25/ 202 2	12/ 2/2 022	12/ 9/2 022	12/ 16/ 202 2	12/ 23/ 202 2	12/ 30/ 202 2	1/6/ 202 3	1/1 3/2 023	1/2 0/2 023	1/2 7/2 023	2/3/ 202 3	2/1 0/2 023	2/1 7/2 023	2/2 4/2 023	3/3/ 202 3	3/1 0/2 023	3/1 7/2 023	3/2 4/2 023	3/3 1/2 023	4/7/ 202 3	4/1 4/2 023	4/2 1/2 023
Prov. Everett	37	34.3	40.1	36.1	43.7	56.7	56.6	45.4	49	47.1	49.1	34.7	36.1	44.6	31.7	29.4	27.3	26	23.4	24.7	22.9	15.7	18.3	18.4	22.1	20	29.7	41	35.7	38.4	40.3	36.4	24.1	25.3	28.7	23.9	22.3	33.7	32.9	18.3	17	25	22.3	19.6	15.9	13.1	8.6	10.3
SVH	15.1	13.3	11.7	9.6	9.1	9.9	15	16.3	7.4	6.7	6.3	1	6.3	6.4	1	5.4	6.3	4.4	9	4.9	1	1	5.6	6.6	6	11.7	8.7	6.7	11.6	14.3	14.9	9.4	12.7	18	10.6	7	9.1	12.4	6.6	1	4	1	7.4	4.9	1	1	4.9	4.3
ST Joe	10.6	13.9	19.7	14.4	11.9	14.9	12.3	13.3	16.3	17	16.1	15.9	14.4	9	9	9	8.4	9.4	8.6	10.1	8.3	9	13.1	17.7	15.6	16.5	18.9	22.7	18.6	20.9	19.9	13.6	15.3	14.1	9.3	5.4	10.4	29.9	25.1	27.4	28.4	24.9	27	27.6	27.3	25.7	25.3	28.7
Swedish Edmonds	14.1	13	10.7	9.4	9.9	5.1	11.3	7.7	8.6	14	16.4	15	10.4	9.7	6.7	1	1	4.1	1	4.3	1	1	1	5.1	1	7.3	11.9	21.7	18.6	19.6	15.1	16.1	11.6	13.1	8.4	9.3	6.9	5.7	16.4	16.4	11	4.9	7	8.7	6.9	5.6	1	1

North Sound BH ASO Walkaway Chart 10/16/22 to 04/29/23

Walkaway Episodes



	2022 Week 15	2022 Week 16	2022 Week 17	2022 Week 18	2022 Week 19	2022 Week 22	2022 Week 24	2022 Week 25	2022 Week 26	2022 Week 27	2022 Week 28	2022 Week 30	2022 Week 32	2022 Week 33	2022 Week 37	2022 Week 39	2022 Week 40	2022 Week 41	2022 Week 43	2022 Week 45	2022 Week 47	2022 Week 48	2022 Week 49	2022 Week 50	2022 Week 51	2022 Week 53	2023 Week 02	2023 Week 04	2023 Week 05
Cascade Valley Hospital								1					1		1						1		1						1
Island Health																									1				
Island Hospital		1				1							1		1		1	1								1			
Peace Health United																								1			1		
Peace Island Health										1												1							
Providence							1							1															
Providence, Everett																			2			1							
San Juan Co Jail																			1										
Skagit Valley	1																												
St. Joseph						1				1			1	1															
Swedish Edmonds							1			1																			
Swedish Mill Creek											1		1																
United General			1	1	1			1				1		1		1				3								1	
Whidbey Health				1																									
Whidbey Health ED						1		1																					



North Sound BH-ASO

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www.nsbhaso.org

April 13th, 2023

The Honorable Jay Inslee
Governor of Washington
Office of the Governor
PO Box 40002
Olympia Washington, 98504-0002

Re: North Sound Counties Behavioral Health Needs Assessment

Dear Governor Inslee,

This letter is a request from the North Sound counties to consider our recommendations for strengthening state efforts to increase behavioral health treatment capacity in the North Sound region by using a more targeted approach.

We appreciate the commitment by your office and the Washington State Legislature to significantly increase investments in behavioral health services. These efforts have begun to make a difference, but, as you know, serious gaps remain and even with these investments we struggle to keep up with the need.

In 2017, the North Sound counties commissioned a detailed study of how many behavioral health inpatient treatment beds would be needed over the next five years. The results of this study assisted the counties and our Washington State legislature in targeting funds to the types of facilities that were identified as most needed. Most of the facility types that were identified as needed were eventually funded by both the state and the North Sound counties together, and all of them are now in operation.

In 2022, the North Sound Counties commissioned an updated study of the projected need for the next five years and asked that the need for outpatient as well as inpatient services be identified. The study included a detailed demographic analysis, an inventory of current facilities, and a list of future projects that have been funded by the Department of Commerce. A copy of the Executive Summary is attached.

Key findings were:

- The largest growing segment of the population that will need behavioral health services are those over 65.
- The second largest growing segment will be the pediatric population for which there almost no inpatient treatment/crisis stabilization beds in the North Sound region.
- The need for inpatient treatment beds, especially for Substance Use Treatment Beds, will continue to outstrip the need [note: for mental health, this analysis only looked at Evaluation and Treatment and Crisis Stabilization beds, not inpatient psychiatric hospital beds].
- The need for outpatient services will outstrip available capacity by even more than inpatient capacity.
- The various types of outpatient services are distributed unevenly across the five counties with significant gaps in the availability of some types of services.

After careful discussion with our Counties and Advisory Board, we would like to make the following recommendations:

- 1) Allow bidders to apply for a greater percentage of the capital funds needed to complete a project and to apply for additional funds in subsequent rounds of funding if needed and if the bidder can demonstrate that the additional funding will allow them to complete the project. The model that assumes that bidders can raise significant amounts of funding from other sources is no longer viable.
- 2) Conduct more rigorous scrutiny of bidder abilities to actually complete the project they are requesting funding for. Assessment of bidder ability should include: do they have actual experience in building and operating the kind of facility they are apply for funding for, AND, do they have prior experience providing behavioral health services in the region where the project would be located.
- 3) Develop a more strategic approach to identifying the need for supportive housing as part of the behavioral health services continuum. Currently, state and federal dollars fund a hodge podge of supportive housing programs – all of which are needed – but most of which are not well coordinated with each other or with the needs of persons participating in or exiting from treatment programs.
- 4) Develop a more regional based assessment of the most critical areas of need for future funding rounds – target funding to regional needs. Include counties, ASOs and providers in identifying what these needs are.
- 5) Develop strategies to increase support for outpatient facilities including sufficient operational funding to serve more rural areas.

Thank you for our consideration of our recommendations and your continued work with the Washington State Legislature to address the critical need for behavioral health services in our state.

Sincerely,

Peter Browning



Skagit County Commissioner

North Sound Behavioral Health Administrative Services Organization Board of Directors Chair

Pat O'Maley Lanphear



North Sound Behavioral Health Administrative Services Organization Advisory Board Chair

Cc: Washington State North Sound Legislative Delegation
North Sound BH-ASO Board of Directors
North Sound BH-ASO Behavioral Health Advisory Board